



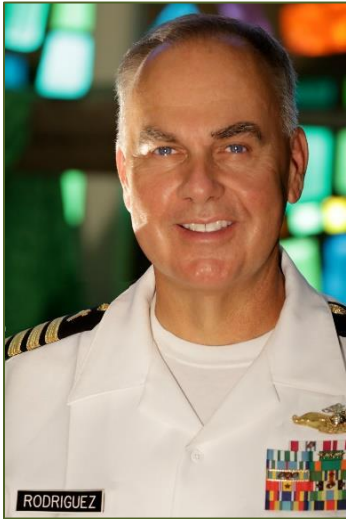
# Presbeat



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Editor: Denise Beckler, Volume 14, Number 2 ~ February 2020

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## "Going to Africa ~ Again"



By the time you read this, I'll be on the way to Uganda to spend time with Pastor Jonathan at the orphanage we're supporting. I leave on February 2<sup>nd</sup> and, 26 hours later, I will land at the Entebbe airport in Uganda. Pastor Jonathan will pick me up and we'll stay at a hotel in Kampala, the capital of Uganda. On February 4<sup>th</sup>, we'll go to the US Embassy and try to get a Visa for Pastor Jonathan that will enable him to come and visit us. Apparently, Ugandans are eager to come to Ukiah.

After we leave the embassy, we'll travel to Mityana where his village is located. Pastor Jonathan wants me to visit up to 35 churches in the area to provide training to the pastors. I asked him what he wants me to teach and he just laughed. I told him that I have more to learn from them than they have to learn from me. He laughed at that, too.

On February 10<sup>th</sup>, I'll leave the Entebbe airport to start traveling home. So, 26 hours later I'll be back with lots of lessons learned and stories to tell.

Please pray for us. I'm looking to seeing what the Lord has in store for all of us.

In Christ, *David*

P.S. During this month, we will have 4 folks from our church doing mission work in Africa!  
How amazing is that!  
God is good!



The Caritas Orphanage in Djibouti, Africa sends "Greetings" and "Thanks" for the recent donation. Chaplain Anderson (US Army Reserve) was at the orphanage and saw that the need continues to be very great. They have just gone through the Chikungunya season and are now seeing children with malaria. Our donation will help the staff care for the children and feed over 100 families that they support. With God's help they take care of many more for 'the least of these...'.  
*David*

# Greetings FPCU Families!



I hope you all have been blessed with a great start to the New Year! This year in our Youth and Family Ministries, we are mixing things up a little bit! Youth Group is now meeting every Wednesday, from 6 to 8pm. All 6-12<sup>th</sup> graders are welcome to join us as we continue to make our way through the book of John!

We have also decided to make a change to **HANGOUT**, our ministry for K-5<sup>th</sup> graders. From now on, we will be combining Hangout with our **YOUNG ADULTS MINISTRY**, the 1<sup>st</sup> and 3<sup>rd</sup> Friday nights from 6 to 8pm. Hangout will now be meeting in the Nursery, with our Young Adults meeting close by in the Youth Group room. We are hopeful this provides a good opportunity for

our parents to be able to join in community with each other and get a helpful break!

Recently, our **YOUTH GROUP** went on a retreat to Mendocino Redwood Retreat! We had a great time meeting students from the Mendocino



Presbyterian Church, helping around the camp, building birdhouses, and enjoying the gorgeous redwood forests! It was a nice break from our busy, hectic weeks at school and work! *(These 3 pics are from the retreat.)*

Coming up, we have an all-girls **GALENTINE'S DAY SLEEPOVER** on February 8-9<sup>th</sup> here at First Pres Ukiah! All 6-12<sup>th</sup> grade girls are welcome to come and join us for a night of treats, movies, and celebrating female friendships together. Don't forget to bring a friend!

Remember, every week we hold the **NURSERY, SUNDAY SCHOOL, AND DONUTS AND DEVOTIONALS** (a Bible study for grades 6-12) on

Sunday mornings! Joining us on Sunday is a great way to get your family ready for the week by centering their hearts and minds on

Jesus. Our kids absolutely love our Sunday morning programs and we are always excited to see them!

For more information about Children and Family Programs, contact Alexis at 707-391-9460 or [alexis@fpcukiah.org](mailto:alexis@fpcukiah.org). You can also find us on Facebook at "FPCU Youth and Family Ministries" and on Instagram at @fpcuyouth



In Christ ~ *Alexis*

## Personnel ~ Jerry Garcia, Elder

No news is good news. Pastor is out town, youth minister having teen party on the coast, office manager playing music and making her computer do its thing.  
No article this month – just know...things are good!!



## *Deacon Duties & Responsibilities for 2020:*

**Chair:** Kim Huffman

**Sonshine** - Sharon Ruddick

**Greeters** - Sandra Applegate

**Communion** - Betty Hook, Myrinda Head

**Deacon Supplies** - Tom Desroches

**Shut-in Visitation, flower delivery** - Jaunita Coddington

**Kitchen Administration** - Sharon Ruddick, Jaunita Coddington

**Nominating** - Debbie Holland

**Meals** - Meredith and Myrinda Head

**Ushers** - David Head

**Memorials** - Sandra Applegate, Betty Hook, Marie Pera

**Scribe** - Cheri Alton

## E-mail Prayer



## E-Prayer Ministry

It's that time of year when we need to update and renew our list for the *E-Prayer Ministry* and for those who may want to continue to be a part of this ministry. So, at the end of this newsletter, you will find the E-Prayer Policy and signature page. If you would like to continue to be on that

list please sign and return this Policy Letter no later than March 31, 2020. Otherwise, we will assume that you no longer wish to be on the E-Prayer Ministry Contact List. You can do this by mail, e-mail or drop it off at the church office in the E-Prayer Ministry or Deacon Box.

Thank you so much for being part of this ministry and may our prayers continue to touch those in need and in praise.





## Worship ~ Dory Haselswerdt, Elder

*We look back & thank God.  
We look forward & trust God.*

Looking back on the past several years, I am so thankful that Shirley Lewis was our session leader for the worship committee. Shirley gifted me with a binder of organization, supplemented with photographs, and all sorts of helpful information! You may think a new task will be overwhelming, and then God gifts you with Shirley to make it an easier transition for everyone involved.

One of my duties on session is to invite people in our congregation to help read. What does that include?

- Call to worship: The call & response reading with the congregation, calling our attention to begin worship.
- Prayer of confession: Invite everyone to read this aloud with you.
- Prayer of assurance: Scripture you will read to the congregation, assuring us of God's forgiveness.

Have you ever been a reader during Sunday worship? Was it terrifying, being up in front of everyone, or was it not that big of a deal, especially since you were just reading something already posted on the projection screen? Let me know! I'm curious to hear about everyone's experiences with this part of our service. I know that I was always nervous at the thought of it, but once I decided to try it out, it wasn't that bad, and ....it was actually pretty fun. (Fun?! Well, yes. I like to read stories aloud to kids, and I approached the task from that point of view: reading from the Bible to the Children of God.)

Why do we have readers & communion servers during worship, instead of just having the pastor do all of the talking? We are fortunate to be able to gather as a community, share joys and worries as a community, provide comfort and advice to each other as a community, and share the Bible as a community. Instead of seeing readers as "leaders" in worship, it might help to see readers as peers who are taking turns reading the Bible and taking turns praying for each other. This year, consider how you might be called to participate in worship: as a reader, communion server, vocalist, musician, preacher, greeter, usher, sound tech, or thoughtful and compassionate listener.

### *VIP Luncheon*

**Wednesday, February 19<sup>th</sup> @ 11:30am**

All those **Very Important People** age 70 and over are invited to a luncheon on the 3<sup>rd</sup> Wednesday of every month.

**Menu:** Ham, cheesy potatoes, jello salad, and dessert.

*Come join us as we gather around the table for good food and fellowship.  
No reservations necessary. But do let us know if you need a ride.*



# MISSION MOMENT



**Djibouti Orphan Update** — Last month we sent 57 bottles of vitamins, 15 jars of peanut butter and 78 pounds of beans to Caritas, the organization that takes care of the street orphans in Djibouti, with a total value of \$627. We are the only Congregation that supplies vitamins and protein to these orphans. When our congregation first started this mission, we were joined by a congregation in Maine. However, they have since dropped out, so that makes us the *last man standing*.

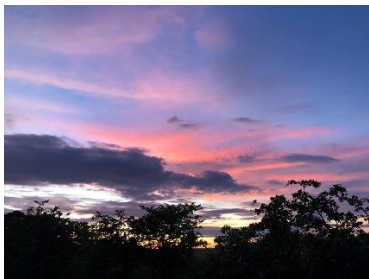
If you have a desire to donate to this ministry monetarily, it costs approximately \$125 to \$200 (depending on how many boxes we send) for shipping. We have been sending shipments a couple times a year. You may designate your donation to “Missions”.

The Missions Committee says “Thank You!” to our church family for your continued support in these Missions ministries!

## Message from Indigo

Outreach has been wonderful so far! We’re about to wrap up our Zimbabwe portion of the journey, and we’ve seen God do amazing things here so far. We had the opportunity to run a weekend camp for young adults and a VBS for kids, as well as teaching Scripture at schools and a lot of prayer times and encouragement.

The prints in the dirt are from a hippo.



## “Stitches from the Heart” Ministry ~ Caroline Crowley

It has been awhile since I've done an update on this ministry. We've been around for 6 years! If you're not sure what this ministry is about, we are a group of women who knit and crochet shawls for anyone who may need comfort or a hug from God. As we knit and crochet the shawls, we are praying for the recipients (whomever that may be). This past year we handed out 45 items for births, wedding, healing, illness, loss and comfort.

The ministry has had the wonderful opportunity of reaching beyond the walls of the church. We have connected with a group of women from Napa and Sonoma counties to make lap blankets and prayer shawls for our Vets. Every three months Lillian Wohlfarth, from Cloverdale, travels to the different county locations and picks up the blankets and shawls made for the Vets and delivers them to the San Francisco Vets Hospital, Ukiah and Santa Rosa Clinics and the Yountville VA Home. She has received many thanks of appreciation and gratitude for the shawls and blankets. We've also made shawls for our local Hospice Organization.

If you noticed how full the Christmas tree was this year, lots of the scarves and hats were made by a group that meets at the church on Wednesday afternoon. They have been such a blessing.

This ministry does touch people's hearts and comforts them beyond our understanding. A shawl was given to someone who has cancer and she stated that in all of the items she had received the shawl touched her deeply. Knowing that someone had prayed for her was very comforting for her during this time.



Another recipient wrote: *To the members of “Stitches from the Heart” and First Presbyterian Church, Thank you so much for all the prayers during the illness of my sweetheart. An extra big thank you for the incredibly beautiful prayer shawl. It has been such a comfort in this trying time. It is an amazing gesture of love and support....I can't thank you enough.* This is what makes this ministry so fulfilling.

If you would like to be a part of this wonderful ministry, the two groups meet:

Church Library, 2<sup>nd</sup> Saturday of each month, 9am – noon. This is a prayer group.

Church Library, every Wednesday, 1-4pm. This is a fellowship group.

If you don't know how to knit or crochet, we have women who can teach you. Also, you don't have to commit to coming each month. If you knit or crochet, you can make these from the comfort of your home, then donate them to the ministry.

*“and pray in the Spirit, on all occasions with all kinds of prayers & requests” ~ Ephesians 6:18*



# Are You Tone Deaf?

**Do people who are tone deaf hear music differently from the rest of us?** Despite the term, most people who are labelled as *tone deaf* can hear music perfectly well – they just can't sing.

About 5% of the population suffers from *amusia*, a clinical cognitive impairment which means the brain cannot process musical sounds properly to make sense of them. They cannot accurately detect difference in pitch (how high or low a tone is). These people are unlikely to enjoy music with melodies (the string of single tones that you may hum) or harmonies (two or more tones played at the same time). Many people believe they are tone deaf just because they struggle to sing in tune. Though it does not occur often, a person who has this condition can still learn to play a musical instrument, or even sing, with training.



**Are you tone deaf if you can't sing?** Not necessarily. There are many aspects to having a 'nice' singing voice, that require skills in producing 'pitch' and 'tuning'. Without musical training and a significant degree of vocal control, it can be quite difficult to produce a particular series of tones. Two ways to evaluate your own voice: 1) Listen while you sing, or 2) record your voice and listen after. Different people find one of these methods helps them more than the other. Try to master the 'pitch' first and the rest will follow easily. So, if you 'can't sing', try one or both of these methods and train your voice to sing!



## SHEPHERDING GOD'S GIFTS

*by Roe Sandelin, Youth and Families Elder*

This month features the start of a new writing topic for our PRESBEAT newsletter. It will focus on ways we can improve our use of the gifts of God. When you think about this concept it becomes vast, endless really, since everything we have is a gift of God. If you have an idea or topic you would like to see discussed/explored please let me know.

**This month we will begin to look at the topic of waste recycling.** Very exciting, right? Initially, I was thinking to write about a few simple items we commonly see in our church facility waste stream. Plastic bags, Styrofoam packing materials and Styrofoam foam tubs you often see at the grocery store or get as takeout containers come to mind. Guess what? NONE of these items are recyclable through our local waste hauler (the trash we put in bins and take to the curb once a week). NONE. Plastic bags, the stretchy kind for produce or trash bags or bakery bread can be taken to some local grocery stores (Lucky's, for recycling.) *Stay tuned for more info in the March Presbeat!*



# FINANCE ~ Mark Smith, Elder

If you haven't turned in your 2020 Pledge Card, please do so. The pledges assist us in budget planning and making decisions regarding expenditures throughout the year. Cards are available on the entryway table, or from the office.

Several years ago, Anita Ramos informed FPCU Leadership that her parents, who were members of the Hispanic Congregation, had donated property to the church. The property is located in San Pablo. For the past three years, the necessary paperwork has been processed and completed to allow the property to be sold. At the end of 2019, the Property was placed on the market and an offer of \$85,000 was accepted. The sale is currently in escrow. The Ramos Trust stipulated that FPCU receive 80% of the money and the family receive 20%. This is a very generous contribution. We are fortunate to have received this gift and very appreciative of the Ramos Family. There are a number of deferred maintenance items for the church that are being considered to appropriately use this donation. An update will be presented regarding the use of the funds.

## Budget Update:

We had income of \$267,357 and expenses of \$259,243, resulting in a favorable variance of \$8,114. This \$8,114 will stay in our checking account and can be used toward future spending.

We are being more conservative in our estimate of income for 2020 using the amount of \$253,000 for the budget. We are planning to spend \$298,229 that results in spending \$45,229 more than expected income. This gap may be closed by greater contributions and/or using funds in our checking account. That current balance is ~\$100,000.

	2019 Actuals	2020 Final Budget	Change
<b>Income</b>	<b>267,357</b>	<b>253,000</b>	<b>(14,357)</b>
<b>Salaries</b>	<b>187,244</b>	<b>204,124</b>	<b>(16,880)</b>
<b>Administrative</b>	<b>15,467</b>	<b>16,129</b>	<b>(662)</b>
<b>Buildings &amp; Grounds</b>	<b>35,013</b>	<b>34,850</b>	<b>163</b>
<b>Missions</b>	<b>4,148</b>	<b>10,151</b>	<b>(6,003)</b>
<b>Deacons</b>	<b>1,873</b>	<b>3,300</b>	<b>(1,427)</b>
<b>Children &amp; Youth</b>	<b>3,597</b>	<b>9,620</b>	<b>(6,023)</b>
<b>Worship</b>	<b>11,900</b>	<b>20,055</b>	<b>(8,155)</b>
<b>Total Expenses</b>	<b>259,243</b>	<b>298,229</b>	<b>(38,987)</b>
<b>Favorable/(Unfavorable)</b>	<b>8,114</b>	<b>(45,229)</b>	<b>(53,344)</b>

Salaries appear higher than the approved 3.2% increases due to 1 extra payroll in 2020, due to a leap year. The budget is assuming all Missions and Deacons spending will come from General Funds, but the reality is that some of these funds will come out of Designated Funds. The 2020 budget has an increase in Children and Youth expenses due to new programs Alexis is bringing to our church. We are planning to spend \$8,155 more than last year in Worship due to a full year of our musicians, pulpit supply and additional microphones.

In summary, our church is blessed through the financial contributions of all of you so that we can continue to share God's love in many ways. Additionally, our Session has spent much time reviewing our budget and has prayerfully considered each of the line items. If you have any questions, please do not hesitate to ask.





## New Ways of Giving via the FPCU Website



FPCU now offers members and friends two new options for giving. Mobile giving is now available with either the Tithe.ly and/or Givelify app, giving platforms for churches. With Mobile Giving you can download the Tithe.ly or Givelify mobile app to your smartphone or tablet and give to FPCU anytime, anywhere.

On Sunday morning during worship service members and friends in the FPCU congregation traditionally give an offering to God as thanks for the blessings that God gives to us. Worshipers place their gifts of cash and checks in one of the offering plates as it is passed by the ushers.

FPCU's new giving options through the Tithe.ly or Givelify platform give members and friends the ability to give their offering anytime and from any place they may be – even during the worship offering time.

Giving to FPCU is no longer confined to the hour that we're in church. If we stay home because we don't feel well, are on vacation, or have other plans, we don't have to miss giving our offering. If a friend or relative of a member lives out of the area or even in another country, they can easily contribute to FPCU using their smartphone.

With Mobile Giving you can give to FPCU by using either the Tithe.ly or Givelify app on your smartphone or tablet.

- Go to your smartphone's app store and search for the Tithe.ly or Givelify app. (For an iPhone or iPad go to the Apple App Store; For Android device go to Google Play). Once you have downloaded the Tithe.ly or Givelify app, you will need to register online to give to FPCU. The apps are free to download and free to use. There is a low 2.9% + \$0.30 fee per transaction. For example, a \$100 donation would be a net \$96.80 sent to FPCU.
- Once you've downloaded the Tithe.ly/Givelify app search for First Presbyterian Church, Ukiah. Follow the prompts to Create an Account and Give. It's that simple!
- Frequently Asked Questions (FAQs) about giving with Tithe.ly/Givelify including Cover the Fees™ calculations, recurring giving, security, changing personal giving options, or How to Create a Recurring Gift can be found on the link associated with each giving platform found on our website <http://www.fpcukiah.org/>

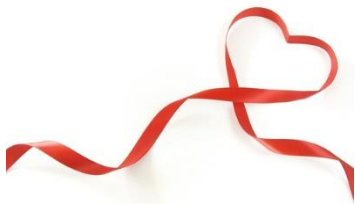
*2 Corinthians 9:6-8. Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.*



## Per Capita:

**Per Capita 2020**  
**The Presbytery of the Redwoods**  
**The per capita contribution breakdown for 2020**

General Assembly:	8.95
Synod of the Pacific:	5.22
Presbytery::	17.26
Total:	\$31.43 per active member



### Greetings Dear Friends,

It seems like just yesterday we welcomed in the new year, and here it is February already! And that must mean it's

time for that day we celebrate our love for one another by sending cards, giving flowers, or maybe sharing a romantic meal or getaway. Yes, when it comes to Valentine's Day, there are many imaginative ways to celebrate.

While there's nothing wrong with celebrating Valentine's Day, the Bible talks about another kind of love - a sacrificial kind of love that sent a man to die for the ones He loved. John 15:13 says, "There is no greater love than to lay down one's life for one's friends" (NLT), and by these words our Lord showed how far love should extend, even to the laying down of our lives for our brethren, which is the highest instance of love among men.

As we celebrate our love for one another on February 14th, let's not forget the One who made the ultimate sacrifice of love (while we were yet sinners!) to redeem us from sin and death, and at this time is preparing a place for us to be with Him forever!

### Open House The Center for Hope

Saturday February 29<sup>th</sup>

10:00 am – 2:00 pm

The Center for Hope

150 Luce Ave Ukiah, California

Please join us for an afternoon at the Center for Hope. Lunch will be provided, information tables regarding all programs and ministries, tours of the facility plus live worship from The Voices of Grace!



Please contact Tony Huerta with any questions.  
(707) 481-8398 or [Tony1203@comcast.net](mailto:Tony1203@comcast.net)

## Evangelism Training at NCCM

If you're like me, you probably seek ways to share your faith, but maybe feel a little inadequate or even afraid you don't know the scriptures well enough to explain things adequately.

**THIS TRAINING IS FOR YOU!** Gayle Harris will be presenting a program called "Sharing your Faith" at the Center for Hope on Saturday, February 15th from 9:00 AM to noon. If you are interested in attending this course in evangelism, please call Gayle at (425) 974-5072 or email her at [gayleharris@comcast.net](mailto:gayleharris@comcast.net)

### Opportunities to Bless Others

Although we can see little signs of spring in February, it is still very cold and rainy, and people on the street suffer without the creature comforts most of us are used to. Please consider donating the following items to make someone's life a little more tolerable:

Rain Ponchos	Blankets (used OK)
Coats and jackets	Coffee and powdered creamer (always needed)

As always, thank you for your generosity.

Read more about NCCM in their newsletters [here](#).

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### *Session Meeting: December 8<sup>th</sup>*

#### Decisions/Action Items:

- **RAMOS PROPERTY** ~ lower the sale price \$15,000 (\$99,990-\$84,990).
- **NEW MEMBERS:** The individuals decided to forgo membership at this time.
- **SPECIAL OFFERING** during a worship service to support the mission work of Indigo Funk.
- **CALLED CONGREGATIONAL MEETING:** Called Congregational Meeting, 12-29-19, to fill a vacancy on Session, Class of 2022.

### *Session Meeting: December 19<sup>th</sup>*

#### Decisions/Action Items:

- Ask availability of George Phalen and Alexis Moore to preach in David's absence on January 19 and 26;
- Date of 1-5-2020 and 1-12-2020 for ordination/installation of new officers;
- Date 1-12-2020 for the Annual Congregational Meeting.
- Accept Wilma Pribyl as ruling elder, class of 2022.
- Cindy DeVries to serve at church treasurer for 2020.

**PASTOR'S REPORT:** On 12-10-19, Deacon Juanita Coddington and I served communion to shut-ins. I conducted a funeral for Robert Christopher Housden, Sr., 12-7-19, at Chapel of the Angels, Fremont, California, and a graveside service for same, 12-13-19, at Happy Homestead Cemetery, South Lake Tahoe, California.

#### **DIRECTOR OF YOUTH AND FAMILIES:**



- **Youth Group:** Time is extended by one half hour (6 to 8 pm instead of 6 to 7:30 pm).
- **Sunday Morning Sunday School:** Preparing for the upcoming Christmas Pageant, 12-22-19.
- **Hangout:** Average 6-10 students each night. The Christian Education Committee will be discussing what to do with the program in 2020 at the 1-7-2020 meeting.
- **Hangout Family Christmas Party, 12-12-19:** Last year, party was well attended by kids and parents. This year only one parent and kids dropped off who were not dressed to go outside caroling, so improvisation was to order of the day.
- **Youth Group Christmas Party, 12-21-19:** Event will be held at the Sandelin's again this year.
- **Fall Retreat, 1-17-20 to 1-19-20:** Attempting to reschedule retreat to coincide with Martin King Jr. weekend.
- **Young Adult Group:** Beginning in 2020 the group will be meeting every other Friday, 7-9 pm at FPCU. Hope to hire two youth to babysit on those nights (\$15-\$20) in the nursery.
- **Other:** Search is continuing for Children's Ministry Assistant. There has been some discussion of having Young Adult night and Hangout on the same night to solve the babysitting problem, but that would require someone to be in charge of Hangout. Further discussion will take place in January, 2020.

## COUNCIL-COMMITTEE REPORTS

### Resource Council

- **Finance:** The Session was presented with three reports: **1) Income Statement for General Funds: October 2019 vs. Budget.** The budgeted income was \$18,885 and the church received \$23,822. The total budgeted expenses were \$23,298, yet actual expenses were only \$18,426. At the current pace, the church is on track to have a shortfall to income \$2,249 instead of the projected budgeted shortfall of \$31,467. **2) Designated Income and Expense.** Through November an additional \$23,160 has come into the section mostly from Missions, passthrough, per capita, and General Memorial. At the same time, \$16,655 of these funds have been spent on a variety of expenses. The Designated Funds balance is \$48,157. **3) PresBeat Summary.** As of 11-30-19 total income for 2019 is \$236,680, while total expenses are \$237,140 (-\$460). Current balance in checking is \$142,143, and in savings, \$140,920.
- **Buildings and Grounds:** Next meeting is 1-2-2020. Next workday is 1-4-2020.

## Congregational Meeting: December 19<sup>th</sup>

### Decisions/Action Items:

- Electing Denise Beckler as temporary clerk.
- Electing Wilma Pribyl as Ruling Elder, Class of 2022

Next Session meeting: Tuesday, February 18<sup>th</sup>

*2020 Session Members: Randy Beckler, Jerry Garcia, Dory Haselswerdt, Randy Huffman, Alexis Moore, Wilma Pribyl, David Rodriguez (ex-officio), Roe Sandelin, Mark Smith, Lenord Swope*

*Did we miss your birthday???*

Please contact the church office or email Denise, [denise@fpcukiah.org](mailto:denise@fpcukiah.org) so that we can celebrate with you!

**Happy Birthday!**

2/2 Gay Sibley  
2/3 Viviana Aguilar  
Marge Moynahan  
2/5 Clea Erickson

2/9 Jeanne' Colson-Gomez  
2/15 Kris Guadagnoli  
2/19 Kathy Smith

2/26 Shelly Mack  
Joyce Sarber  
Molly Schultz



## FEBRUARY CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 10am Worship Cents-ability / Communion	3 6pm Cub Scouts	4 7am Men's Bible Study 8:30am Women's Bible Study 11:15am Worship Committee 5pm SIPs Bible Study 5:30pm Christian Ed Committee 6pm AA / NAHOP	5 1pm Knit Group 6pm Youth Group 7pm Worship Team	6 5:30pm Buildings/ Grounds 6pm AA	7 6pm Hangout / Young Adult Group	8 8am Church Work Day
9 10am Worship 11:15am Missions Committee	10 6pm Cub Scouts	11 7am Men's Bible Study 8:30am Women's Bible Study 5pm SIPs Bible Study 6pm AA / NAHOP	12 1pm Knit Group 1:30pm PW Bible Study 6pm Youth Group 7pm Worship Team	13 12:30pm ABC Program 6pm AA; 6:30pm Scouts BSA	14	15
16 10am Worship	17	18 7am Men's Bible Study 8:30am Women's Bible Study 10:30am Communi- cations Committee 5pm SIPs Bible Study 6pm AA / NAHOP 6pm Session	19 11:30am VIP 1pm Knit Group 1:30pm PW Bible Study 6pm Youth Group 7pm Worship Team	20 6pm AA	21 6pm Hangout/ Young Adult Group	22 Elder/Deacon Board Retreat
23 10am Worship	24 6pm Cub Scouts	25 7am Men's Bible Study 8:30am Women's Bible Study 5pm SIPs Bible Study 6pm AA / NAHOP	26 1pm Knit Group 1:30pm PW Bible Study 6pm Youth Group 7pm Worship Team	27 12:30 ABC Program 5:30pm Deacons 6pm AA	28 7pm Men's Poker	29

**Our Calendar is also available online @ <http://fpcukiah.org/calendar/calendar/>**

(Note: if using a phone, view in landscape orientation to view properly)



# First Presbyterian Church of Ukiah (FPCU)

## Prayer Ministry Policy

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**Our Purpose:** To provide for an avenue for church family members and friends of the congregation to request for prayer, either confidentially or publicly.

**Our Goal** is to use our prayer ministry in a God-honoring way, and to share Christ's love to all those with prayer concerns.

*Psalm 121: 1-2 "I lift my eyes up to the mountains. Where does my help come from? My help comes from the Lord, the Maker of heaven and earth."*

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### Statement of Policy:

The Prayer Ministry is an effective and accessible way for friends and members of our church family to share their prayer concerns. There are two (2) different prayer groups through which prayer may be requested:

- **Confidential Prayer:** Sometimes a person may want prayer, but does not wish their concern to be shared publicly or printed in the bulletin. The Confidential Prayer group includes the Pastoral Staff (Pastors and Office Manager) and Ruling Elders.  
*James 5:14 "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord."*
- **E-Prayer:** Prayer concerns that are not confidential will be shared as an e-prayer. The e-prayer group includes the Pastoral Staff, Ruling Elders, members of the congregation, regular attenders, and friends of the congregation. *Philippians 4:6 "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."*

Prayer requests will be shared via email and not by phone. ***It is understood that e-prayer is not a "prayer chain". Prayer requests are not intended to be passed along to others.*** The prayer ministry is simply an invitation for those members to join in the ministry of prayer – to uphold each other when in need of healing, for prayers of praise, or other prayer concerns.

### Submitting Requests:

1. Prayer requests are given to the Prayer Ministry Coordinator. The Coordinator will help to determine with which group to share the prayer concern, whether it's confidential or e-prayer.
2. If the requestor is asking prayer for someone else, permission must be granted by that second person. The second person should also determine from which group s/he wants to request prayer.
3. The Coordinator will include in the prayer request email the name of the requestor, the person for whom the prayer is for (if not for themselves), and specific details of the request. Each request will also include scripture and a reminder that e-prayer is not a "prayer chain", but simply an invitation to join in



the ministry of prayer.

4. Requestors should follow up with the Coordinator with periodic updates when possible.
5. Requests for prayer may also be submitted by completing the request form in the Sanctuary Registration Pads and dropped in the offering plate. These will be given directly to the Pastor(s), who may make the determination to share with the Confidential group.
6. **It is required that all participating in the Prayer Ministry will review and re-confirm participation on an annual basis.**

We strive for a high level of confidentiality. Although, in making a request one must be made aware that we cannot guarantee communication will remain confidential.

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Name (printed)

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email address

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Signature

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Date