



FIRST PRES UKIAH

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THE PRESBEAT

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“May The Lord Bless You And Keep You”

During these past few months since I've announced my mobilization with the Navy, I have been busy tying up loose ends, packing, and working to make the transition of Daniel Christian into my role here as smooth as possible. I wish I could have spent time with each and every one of you to give you a blessing. I will miss all of you. You will always been in my thoughts and prayers. And I will be back!

So, as I depart, I would like to leave you all with this blessing:

May the LORD bless you and Keep you.

May the Lord cause His face to shine upon you and be gracious to you.

May the Lord lift up His countenance upon you and give you His peace.

Now and forever more. Amen. Numbers 6:24-26

*In Christ,
Pastor David*



Dear First Presbyterian Church of Ukiah.

I am looking forward to my first day with you on March 19th! I am honored to be your “Temporary Pastor Head of Staff” while Pastor David is mobilized. I am excited to work with Kelsey, whom I believe is a gifted and talented pastor! I appreciate your warm welcome and supportive enthusiasm for our ministry together. My wife Michelle and daughter Tessa will attend church on Sunday when they are able. Michelle is the Program and Fellowship Elder at our home church, Presbyterian Church of Novato. We own Beso Bistro and Wine Bar in Novato so getting away to worship together in Ukiah will be a bit challenging. All three of us are very happy and looking forward to our year together.

I believe my pastoral role will be building the already vibrant ministries FPCU. I also seek to maintain the exciting blended worship service that you all do so well on Sunday mornings. Pastoral care is an essential aspect of ministry and I will be here for you. My office is always open. I am looking forward to getting to know all of you and feel blessed that you have called me to this ministry.



Joy and Peace,
Rev. Daniel Christian



from the desk of
Pastor Kelsey

Hangout is starting again!!! We have taken a break from our weekly meetings of Hangout for the past several months, but I am excited to report that we will be meeting weekly starting again in mid-March. We have made some changes regarding how we recruit and train volunteers, as well as the flow and activities of the program. We will have a trial this spring to see how the changes go, and then hopefully run the program long-term in the fall.

Some of the changes you can expect when you drop your kids off are:
The same faces every week.

We used to change leaders weekly, but now we will have the same leaders consistently. This will help us build relationship with the kids.

More structure.

When we have lots of kids things got pretty wild. We are looking forward to having more structure in the activities and timing of the program so the kids don't run amuck.

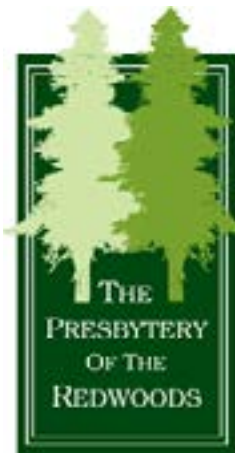
Connection to worship

The kids will have opportunities to practice leading worship and helping create the worship space in the sanctuary. We want to give the kids some ownership in the worship service.

Wide range of activities.

We will not only eat together, but we will have worship arts, games, and crafts.

I would like to thank all of the people who have made this transition smooth and hopefully successful. Our many volunteers are a very dedicated team, and it has been a blessing visioning and working with all of you.



News from Presbytery

Dear Friends,

On Saturday, February 4th, 2017 the Presbytery of the Redwoods approved the following resolution:

Whereas, the President of the United States, by Executive Order on January 27th, 2017, has suspended persons from Syria, Iraq, Iran, Libya, Somalia, Sudan, and Yemen (in essence banning the majority of Muslim refugees) from entry into the United States, which serves to further harm those who are the very victims of terrorism, genocide, religious and gender-based persecution, and civil war, and

Whereas, this suspension contradicts the very foundations of our biblical faith to welcome the stranger and give safe haven to the refugee, and

Whereas, Jesus himself, with his family, began life as a refugee,

Be it resolved, the Presbytery of the Redwoods, of the Presbyterian Church (U.S.A.), meeting on this 4th day of February 2017 decries any policy that discriminates against refugees by nationality, color or religion, as deeply flawed, contrary to the United States' tradition, and immoral,

And further, urges the President to rescind this Executive Order and restore the integrity and values of compassion and hospitality essential to our identity as a nation.

Sincerely,

Bob Conover, *Mission Presbyter/Stated Clerk*
Presbytery of the Redwoods

news from your **SESSION**

Session News **Personnel**
Roe Sandelin, Elder

March Transitions

The month of March will be a busy one for FPCU. Pastor David will be finalizing preparations to begin what is shaping up to be a 14-month period of active duty as a Chaplain with the U.S. Navy. His last day of work at FPCU will be March 30th. He reports for duty with the Navy on March 31st. His last sermon prior to departure will be March 26th. Please plan to remain after worship that day for a potluck to say "farewell for now..."

Joanne Martindale, a Naval Reserve Chaplain and colleague of Pastor David's, will be attending the March 26th worship service. Not too long ago, Chaplain Martindale had her own experience serving a tour of active duty with the U.S. Navy. She currently works for Department of Veterans Affairs in service to veterans returning from active duty assignments overseas, and serves part time as a Pastor in the Rocklin area. Likely, she will share a unique perspective about the active duty experience that lies ahead for Pastor David.

Our Temporary Pastor, Daniel Christian, will be attending our worship service on March 19th. There will be a Commissioning Ceremony for him during worship. Pastor Daniel begins his first day in the office on Tuesday, March 21st, and will deliver his first FPCU sermon on April 2nd. His initial office hours will be Tuesday – Thursday in Ukiah (staying overnight in the manse Tues/Wed), then going home Thursday evening and working from home on Friday. He will be here on Sundays. Pastor Daniel would also appreciate being the 'primary pastor-on-call' even when he's not physically in Ukiah (phone number to be announced). Pastor Kelsey is the Pastor of Youth & Families, and we continue to support her as she focuses on her ministry.

If you have any questions about this transitional period, Roe Sandelin is the Elder of Personnel and would be happy to answer any questions or address concerns.



news from your SESSION

Session News *Missions*
Michele Young, Elder

Update and Activities

HUNGER TASK FORCE REPORT FROM OUR PRESBYTERY

Cents-Ability offerings from churches of this presbytery plus donations at presbytery meetings have made it possible to provide 22 grants totaling \$25,000 during 2016! The Hunger Task Force was able to fund all approved grants plus sent \$5,000 to the Presbyterian Hunger Program for national and international mission projects. Total income for the Cents-Ability Fund was \$26,365. We are happy to see your renewed commitment to Cents-Ability and your awesome support for Petal For Protein, which raised over \$40,000 in 2016.

Blessings, Patty Sanders, Hunger Action Advocate



CENTS-ABILITY REMINDER

Don't forget to bring your Cents-Ability offering to church on Sunday March 5th. Remember all your money is used to help feed the hungry in our area. Thank you for helping with your prayers and donations.

NEW MISSION SUPPORT

Your Missions Committee has decided to financially partner with Missionary Peggy Arendt/ReachGlobal



Peggy grew up and came to know Christ personally at First Presbyterian Church, Ukiah. The church generously supported her and husband Phil Arendt and family for many years. We are so pleased we have this new opportunity to now support Peggy in her new Ministry.

"From the time we were first married, God called Phil and me to serve Him globally. Although I've primarily been in a support role to Phil, with his passing in October of 2015, God's calling in my life hasn't changed.

You didn't choose me. I chose you. I appointed you to go and produce lasting fruit...(John 15)

More people are enslaved today than ever before in human history, whether in the global sex trade, as unpaid laborers, or in child labor. Out of this profound brokenness, God is healing, uniting and transforming communities around the world. The ReachGlobal Community Development team is a kingdom-minded partner, catalyzing the church to serve the margins of society by sharing and showing the Gospel of Jesus Christ, resulting in multiplying transformational churches. My new role on the team is to identify equipping opportunities and make them available to our global church partners, so that community transformation to prevent human trafficking begins with the church.

Early in December, I had the privilege of joining with one hundred Latin church leaders from Disciple Nations Alliance (DNA) in Panama City, Panama. We met to learn how to be mentors as well as Vision Conference teachers.

As I move into 2017, I'll be working more closely with DNA to bring Vision Conferences to some of our ReachGlobal international divisions. Christian churches, understanding that God has called, empowered and equipped them, are His primary tools to bring about community health and Gospel movements. A groundswell of change like this is one of the ways we can prevent human trafficking."



NORCAL CHRISTIAN MINISTRIES also received a financial gift from our Missions budget, with our commitment of continued support and prayer for their Ministry.

news from your SESSION

Meet your Session



Randy Beckler
Building & Grounds



Karen Golden
Adult Education



Chris Gordon
Fellowship,
Congregational Care



Dory Haselswerdt
Children & Youth



Randy Huffman
Finance



Shirley Lewis
Worship



Roe Sandelin
Personnel,
Nominating



Michele Young
Missions



Warren Pribyl
Clerk

The Session is the governing body of our church. They are responsible for making policy and managing the finances & church property. They are also responsible for working alongside the pastors to provide the spiritual growth and pastoral care of the family. Members of the session include the Pastors (Moderator) and Elders (elected by the members of the congregation). Each Elder serves a 3-year term, and may choose to serve 2 terms. The Clerk of Session is not a member of session but supports the session by keeping records, including Session meeting notes and church records (membership, births, baptisms, deaths, Elders, Deacons).

We invite you to take time to meet your elders, if you don't already know them. Share ideas and concerns with them. And above all, pray for them as they discern the will of God and serve Christ side by side with you.

We will be observing Lent this year by beginning each new week with a simple lunch of soup and bread or crackers. After the church services on **Sunday, March 5th, 12th and 19th**, we will prepare a Simple Soup Lunch for everyone. Please come. We ask you to mark your calendars and make plans to join us. To prepare our hearts for Holy Week, we hope to find that the richness of friendships will sustain us and help us grow closer to Jesus.

Then, On **Sunday, March 26th**, we will take time during Lent, to honor Pastor David as he spends his final Sunday with us before he has to leave us for a while and serve our country. This will not be a meager meal however, but a Positively Presbyterian Pot Luck!

Please plan to come and bring a dish to share with family and friends.

If your last name starts with A - G bring a Hot Dish

If your last name starts with H - L bring a Salad/Veggies

If your last name starts with M - O bring Rolls or side dish

If your last name starts with P - Z bring Dessert

There are folks who are gluten, dairy and meat free... if you have a killer recipe for a dish that would work for them, please bring it - and label it so they can be easily identified!

Session News
Congregational Care
& Fellowship
Chris Gordon, Elder

Fellowship Lunches in March

A R O U N D C H U R C H

March Birthdays:

- 1 Allison Huff
LaRee Rogers
- 2 Wilma Pribyl
- 3 Jim Barrett
- 6 Jaden Haselswerdt
- 7 James Denham
- 10 Carolyn Barrett
Dory Haselswerdt
- 23 Ryan Hamilton
- 27 Jordan Ingalls

VIPs LUNCHEON - FEBRUARY 15

All those 70 and over! Please join us at the VIP Luncheon, Wednesday, March 15th, at 11:30 am.



No Irish Fiddlers -- but join us for Irish tunes and Ukuleles!



We will feast on Chicken and rice, green salad and rolls and lime pie for dessert.



Please call the office if you need a ride. Otherwise, just come as you are and enjoy fellowship time sharing a delicious lunch (no need to RSVP).



THE DANIEL PLAN

GOD'S PRESCRIPTION FOR YOUR HEALTH

The Daniel Plan is a healthy lifestyle program founded on biblical principles and focuses on the Essentials: *Faith, Food, Fitness, Focus and Friends*.

It was first introduced by Pastor Rick Warren to his congregation at Saddleback Church in Los Angeles. His team, including Dr. Daniel Amen and Dr. Mark Hyman, perfected the program and are now offering it to the public. Each week we will watch a short video in which we are given a biblical thought for the day. Then we take part in a discussion, a strength building "Move of the week", and Food tips and recipes to try. The Daniel Plan is practical and relevant for any age and stage of life.

We want to invite you to come and check it out. Meetings will be held in the church Library, each week on Mondays from 11:00 to noon, beginning Monday, March 6th. Please join us as we strive to focus on our health, relationships and fitness.

Shannon Phelan and Chris Gordon
Fellowship Committee Members

*P.W.'s make-up date for the Jan-Feb. study that the rain intruded on has been rescheduled to **Wednesday, March 22, 1:30** in the Library. All ladies are welcome. If you need transportation, please let Jaunita know. Hope to see you there.*

Pack 64 Pinewood Derby 2017

Saturday February 18th, was our annual Pinewood Derby, an event that has a rich history. While you may not know that the event was originally started in Manhattan Beach at a Cub Scout pack 280C on May 15th 1953, I know anyone who built a car as a young Scout remembers all their painstaking work to cut, sand and shape the frame, using just the right amount of weight, and then painting it. Believing they will have created the fastest car. Saturday was that day when Cubs raced their cars down a track proving who was the fastest. So after many heats we have this years winners.

These winners will compete against other scouts from our District in the big show, this year in Potter Valley. They will be there to represent our Pack, against the stiff competition. This years times were outstanding and just may be enough to bring back the trophy for a second year. March 18th at the Potter Valley Gym we will find out.

Thanks again for all your support, and yes you are making a difference.

“Scouting is Fun”
Randy W Huffman, Cubmaster



Tyler Simmerson- 3rd, Adrien Whitley-2nd, Noah Frahm-1st

CARE PACKAGES for the Troops Overseas

The Mission Committee is collecting items to be sent to our troops overseas. This will be an ongoing mission opportunity starting April. Items needed are: *Microwavable popcorn, hard candies* (soft ones melt), *Girl Scout Cookies* (travel well because of packaging and are sooooo good), *Starbucks Coffee, inexpensive DVD's, phone cards and Otter Pops*. Microwaves and freezers are available on base. They also appreciate *cards* (Homemade or otherwise) saying praying for/ not forgotten / thinking of them. Also *donations to help with the shipping expenses* will be appreciated. If you have a family member serving overseas, please contact Wilma Pribyl with their name and address. Items (labeled “For Care Packages”) can be dropped off in the tub in the Narthex any Sunday.



Who is FPCU?

by Roe Sandelin

One of the things I have noticed about our church family is there are some really amazing people with some very interesting life stories. As Personnel Elder I intend to make it a personal goal to share some of these stories with you. It's my way of providing you with a conversation ice breaker, or getting inside the cover of a good book, or peeling back part of someone's "life onion". I hope you enjoy the read.

Meet Bill Davies...

For me, what started my friendship with Bill was learning we shared the same birthday, May 17. A very good day in our book! Bill is 93. He grew up in Ohio and Maryland. In 1940, he graduated from high school with a strong academic performance. Being from a working class family, money for college was very hard to come by so he joined the U.S. Naval Reserve. In those days it was possible for Reservists to secure an appointment to the U.S. Naval Academy at Annapolis, Maryland, if they qualified. A good strategy, but unfortunately, Bill's Naval Reserve unit was the first to be called to active duty following the attack on Pearl Harbor. College would have to wait. In the Navy he served on Destroyer 156, the J. Fred Talbot, a "four stacker" as he described it. This ship was left over from WWI (1919 vintage). Do a Google search about four stack naval destroyers for more details...very interesting stuff for me. While at sea, Bill was very seriously injured and three of his crew were killed during a naval engagement when the anti-aircraft gun battery above his 4" deck gun exploded. There were no Purple Hearts awarded...the cause was "friendly fire". After the war, Bill used his GI-Bill benefits to earn a degree in Electrical Engineering from Cornell University (Ivy League) and then went on to have a very successful career with the Westinghouse Corporation (another interesting part of Bill's story). Bill had five sons. One has passed away. So, how did he come to live in Ukiah? Ask him.



In preparing this article I met with Bill to confirm some details and I learned more about another special part of his life, Sammie Benjamin, also a member of our church family. He and Sammie have been married for four years! Congratulations!

NEWS & Thank Yous

1

Dear First Presbyterian Church Family,

Thank you so much for helping me get to Africa through your generous financial donation! Thanks to you, I was able to experience Jesus' love through another culture in surprising and beautiful ways and I will be forever grateful.

While in Zambia and Uganda, I learned about the joy of living simply by experiencing life with people who have so little, and yet are content in all circumstances. I learned how Jesus works in many ways, as I attended church services, played with children, and danced alongside those who did not speak the same language as me, but could move with me in new ways. And I learned about the great need there is in the world, as I witnessed a family getting their drinking water out of their "well", a dirty hole of water in a swamp. I have grown so much through this trip and I am deeply thankful that I had the privilege to learn in these ways. I am looking forward to the ways the Lord will use me to love others in their need and I am humbled to see my own needs as well.

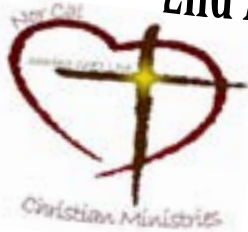
Thank you so much for helping make all of this possible.

Blessings,
Bethy (Mack) Crowe



P.S. Here is a picture of a few of the sweet kids I got to know in Zambia. From left to right their names are Gift, Johnny, Mapalo ("Blessing" in English) and Zoey.

2



2nd Annual NorCal Christian Ministries Fundraising Banquet

**Saturday April 22nd 2017
6:00 PM**

Redwood Valley Community Church

You are invited to join us for Nor Cal Christian Ministries Second Annual Fundraising Banquet. Our guest speaker will be Jeff Gilman, the Executive Director of Redwood Gospel Mission Santa Rosa.
RSVP: huerta4@comcast.net or (707) 485-7711

Our Mission Statement:

'To transform the lives of the poor and homeless through God's love.'
"

\$40,000+

Raised by Riders, Congregations and Friends of Pedal for Protein for Grass Root Food Pantries in the Presbytery of the Redwoods



The 3rd Annual Pedal for Protein bicycle event traversed from the ocean to the orchards riding 5 days from Mendocino through Ukiah, Middletown and Davis finishing in Rockville. 17 cyclists rode the 270 mile route with 22 cyclists joining in for one or more days along the way. We could not have done it without the support of members and congregations of the Presbytery of the Redwoods and the Davis Presbyterian community. You delighted us with delicious meals, you provided shelter at night, you washed our sweaty bicycle jerseys, you rang bells when we arrived, smiled and cheered us on. We shared about our congregations and ourselves, you told us stories about your congregations and yourselves. More than a charity bike ride, P4P is about stretching ourselves past comfort zones, wonderful comradery and pedaling for the hungry in Northern California and beyond.

Grants Provided by Pedal for Protein

- Redwood Empire Food Bank \$9,500
- Napa Valley Food Bank \$3,000
- Contra Costa Solano FB \$6,000
- Marin Community Food Bank \$3,500
- Ukiah Community Food Bank \$2,500
- Fort Bragg Food Bank \$4,500
- Food Bank Humboldt County \$7,000
- Community Assistance Network Food Bank, Crescent City \$2,000
- Presbyterian Hunger Program Grass Root Finding Hunger Grant \$2,000

Total Grants=\$40,000



Tour of Solano Food Bank in Fairfield, 1 in 8 residents in Solano County turn to the Food Bank

Comments from Rider Survey:

- New friends and friendships, while raising funds for a good cause
- "Great friends and helping people."
- "The comradery was special."
- "I like the cause and I enjoy most of the cycling some hills excepted."
- "Helping food banks, and enjoying the challenging ..ride"
- "Riding with my family"
- "Great cause, amazing church participation, terrific finish event"



Limsey Kerr, Ariel Muirhead, Diana [unclear] & Patty Sanders on the powered!

Thank you to the wonderful congregations that hosted our overnight stays: Mendocino, Ukiah, Davis, and Rockville Presbyterian churches and the Four Springs Retreat Center, Middletown. **Thank you to our supportive congregations** Kelseyville, Davis, Benjeia for meals, Mendocino for our kick off party and Rockville for finish line celebration lunch last day! **Thank you to Jim and Dianna Peterson and Rockville congregation** for hosting our last night celebration at the Peterson Ranch & Don Gordon for wine tasting, fabulous! **Thank you to our major corporate sponsors** Equal Exchange, Lagunitas Brewing Co, and Hollywood Bike Racks.

MARCH 2017

Key to rooms: L = Library JR = James Room BH = Bromley Hall
N = Nursery YR = Youth Rm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			ASH WEDNESDAY 7:00 am NorCal Ministries - B 1:30 pm PW Bible Study -JR 6:00 pm Ash Wednesday Service	7:00 am NorCal Ministries - B 1:00 pm ABC Program 6:00 pm - AA - Cafe		
5	6	7	8	9	10	11
10:00 am Worship Celebration - Sanctuary 11:00 am Lenten Lunch - BH 6:00 pm #SWAG - YR	11:00 am Daniel Plan - L 12:00 pm Worship Comm 5:30 pm Cub Scouts - B	7:00 am NorCal Ministries - B Men's Bible Study - L 8:30 am Serendipity Bible Study - L 5:00 pm SIPs - L 6:00 pm AA - Cafe Resource Council	7:00 am NorCal Ministries - B 1:30 pm PW Bible Study 6:00 pm Worship Team	7:00 am NorCal Ministries - B 1:00 pm ABC Program 6:00 pm AA - Cafe Boy scouts - BH		9:00 am Stitches from the Heart 10:00 am "One Simple Change" Health talk
12	13	14	15	16	17	18
10:00 am Worship Celebration - Sanctuary 11:00 am Lenten Lunch - BH 6:00 pm #SWAG - YR	9:00 am Church Staff Meeting 11:00 am Daniel Plan - L 5:30 pm Cub Scouts - B	7:00 am NorCal Ministries - B Men's Bible Study - L 8:30 am - Serendipity Bible Study - L 12:00 noon Family Council - L 5:00 pm SIPs - L 6:00 pm AA - Cafe	7:00 am NorCal Ministries - B 11:30 am VIPs 6:00 pm Worship Team	7:00 am NorCal Ministries - B 1:00 pm ABC Program 6:00 pm Session - L AA - Cafe		
19	20	21	22	23	24	25
10:00 am Worship Celebration - Sanctuary 11:00 am Lenten Lunch - BH 6:00 pm #SWAG - YR	11:00 am Daniel Plan - L 5:30 pm Cub Scouts - B	7:00 am NorCal Ministries - B Men's Bible Study - L 8:30 am Serendipity Bible Study - L 5:00 pm SIPs - L 6:00 pm AA - Cafe	7:00 am NorCal Ministries - B 11:45 am ROMEO's - Maple cafe 1:30 pm PW Bible Study 5:30 pm Hangout - B 6:00 pm Worship Team	7:00 am NorCal Ministries - B 1:00 pm ABC Program 5:30 pm Deacons - JR 6:00 pm AA - Cafe		
26	27	28	29	30	31	
10:00 am Worship Celebration - Sanctuary 11:00 am Potluck Farewell to David & Cathy - BH 6:00 pm #SWAG - YR	11:00 am Daniel Plan - L 5:30 pm Cub Scouts - B	7:00 am NorCal Ministries - B Men's Bible Study - L 8:30 am Serendipity Bible Study - L 5:00 pm SIPs - L 5:30 pm AAUW 6:00 pm AA - Cafe	7:00 am NorCal Ministries - 5:30 pm Hangout - B 6:00 pm Worship Team	7:00 am NorCal Ministries - B 1:00 pm ABC Program 6:00 pm AA - Cafe		