



Presbeat



First Presbyterian Church of Ukiah, CA
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Office Hours Mon-Thurs, 9am-1pm ~ 707.468.9235
Pastor David Rodriguez – *Mobilized to Africa*
Pastor Daniel Christian, 707.380.6486

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Editor: Denise Beckler, Office Manager/Music Director
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As I child and teenager I have very little recollection of our Presbyterian church in Upland, California, putting much emphasis on the season of Lent. If they did, it was lost on me. As an ordained minister I brought the “Lent” topic up with my parents and they didn’t know what I was talking about. I turned to my brothers and they just shrugged their shoulders. I took their confusion as validation that we didn’t learn much.

Lent is, for many Christians, a time to do without. We often hear people give up meat, chocolate, alcohol or cigarettes, or as one comedian says, **he gives up, giving up things**. Perhaps another way to think about, and live into Lent, is this: the season has been called the springtime of the church. In fact, Lent comes from old English, “lencten,” meaning *to lengthen* —

reminding us that daylight expands as we move from winter to spring. As the days *lengthen*, we are asked to reflect on our lives as we move from gestation to birth, from searching to discovery, from wilderness to wilds, from wasteland to abundance.

Lent can be about sacrifice, but maybe we can broaden our understanding. Lent can, but doesn’t have to be, a somber, serious time when we focus on sacrifice. Lent can be an inner springtime. A time to give something or someone room to bloom in you. Lent is a time to bring forth the life of a new idea, or way of being. Lent can be a “spiritual revival”; a time to set our eyes upon Jerusalem, and pilgrimage together.

How can the weeks before Easter, be a renewal or transformation for your journey to Jerusalem? The Bible readings over the next few weeks will have Jesus driven into the wilderness. Transformation is at every turn. We will see contrast between belief and unbelief, wilderness and purpose, single and many, light and darkness, and death to life.

Many dimensions will be revealed ~ through a cacophony of voices, God’s promise, which is always one of life, even when we can’t see or feel it ~ a promise that contains the seemingly far-fetched assertion that we can participate in the healing of the world, as we open ourselves to a new way of being.

Opening our lives to a new way of being is the first step toward resurrection as we journey to Jerusalem this year. To take these steps this year, each day I am reading a chapter from the gospels, beginning with Mark. I am also reading the prayer devotional from Ukiah Presbyterian Church along with “*the mindful path to self-compassion: Freeing Yourself from Destructive Thoughts and Emotions*” by Christopher K. Germer, PhD. I hope and pray for each of you that this Lent is a pilgrimage toward leaving some old ways behind and allowing new ones to emerge.

In Christ ~ *Rev. Daniel Christian*



From Pastor David in Djibouti

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Religious Affairs CJTF-HOA
PSC 831 Box 0015
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“Thank God for Billy Graham”

As I write this article, we have just received the news that Billy Graham has gone to be with the Lord. This is a very difficult day for me.

Billy Graham has been my hero ever since I came to know Jesus Christ as my Lord and Savior. My youth pastor, Terry Kelman, had a picture of Billy Graham on the wall of his office at the church where I grew up. When I asked Terry about it, he told me that Billy Graham had led him to the Lord. This had a profound effect on me. I realized that God worked through Billy Graham to help my pastor to be available to help me to grow in my faith.

While in high school, I attended a seminar by the Billy Graham Evangelistic Association on how to share “Steps to Peace with Christ” which taught me how to lead others to Christ. Since then, I’ve led people to Christ at Billy Graham Crusades and I have used his materials to teach others to how to lead people to Christ.

Later on, my respect for Billy Graham has grown as I learned that he was one of the few southern, white, Christian leaders to stand by Martin Luther King during the Civil Rights Movement of the 1960’s. When the leaders of the Presbyterian Church in Alabama denounced Martin Luther King, Billy Graham was one of the people who bailed Martin Luther King out of jail in Birmingham.

When the leaders of the Reformed Church in South Africa invited Billy Graham to conduct a crusade in their country, Bill Graham asked them if the crusade would be segregated. When they told him that it would be, he refused to go there. It wasn’t until they agreed to have an integrated crusade that he went to their country. His crusades were among the first integrated Christian gatherings in South Africa.

Billy Graham also insisted on having Roman Catholic priests join him on the podium during crusades. In doing so, he was denounced by Protestant church leaders who preached that Roman Catholics were not Christians.

Back when churches in the U.S were divided over whether congregations should be involved in social action or evangelism, Billy Graham helped to write the Lausanne Covenant which clearly states that Evangelicals are defined by a love for both social action and evangelism. When I was considering which seminary to attend, I chose Fuller Theological Seminary because Billy Graham was on the Board of Directors and had taken part in writing the Lausanne Covenant.

So, it is with deep sorrow that I mark the passing of my life-long hero. But there is joy in knowing that Billy Graham is now with the Lord that he served so faithfully and loved so passionately.

Thank you, God, for Billy Graham.

In Christ ~ *Pastor David*

Holy Week Observances:

March 25 - ***Palm Sunday*** - 10:00 AM Worship service with communion

March 29 - ***Maundy Thursday*** - **6:00 PM** Seder dinner with communion

March 30 - ***Good Friday*** - **6:00 PM** Taize' service

April 1 - ***Easter*** - 10:00 AM Worship service with communion



~ ~ ~ Children/Youth Ministries ~ Roe Sandelin, Elder ~ ~ ~

I am writing this near mid-February because my wife, Kitty, and I will be traveling in Spain when it's time to prepare an article for the March Presbeat. No time like the present!

Our Youth and Families program is entering a very important month of March. **Director of Youth & Families Ministry** job opening is now out. The two activities listed immediately below are intended to provide a strong foundation for the new Director to build on. Your willing participation and help are very important to the future of our Youth and Families Program.

March 7: We resume our Hangout Kids' Club. Many of you have already received emails requesting your help, once again, to fill staffing positions for this important activity. One way to sign up is to use SignUp.com:

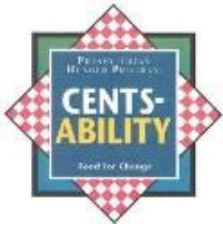
- 1) Click this link to see our SignUps on SignUp.com: <http://signup.com/go/XAmJAXj>
- 2) Review the SignUps listed and choose the one(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact Dory and she can sign you up manually.

March 24: Community Easter Egg Hunt, 10 a.m. at McGarvey Park (just south of our church, corner of Clay & Dora Streets). We will be asking for help with preparation of the eggs, distributing invitations, and putting together a light lunch in Bromley Hall after the hunt. This is an excellent opportunity to present ourselves to young families and another way to reach out to our neighbors and community.

SWAG Youth Group meets at the church every Sunday from 6 to 7:30 p.m. Coming Event: Saturday April 21st, 3:00 p.m. Overnight campout/sleepover. You get to wear pajamas to church on Sunday morning!

~ ~ ~ MISSIONS Michele Young, Elder ~ ~ ~



Don't forget to bring your Cents-Ability offering to church on the first Sunday every month. The collection is taken during communion, baskets are in the front for your convenience. If you need a collection container to keep at home, you can pick one up in the narthex.

Remember all your money is used to help feed the hungry in our area. Thank you for helping with your prayers and donations.



SPECIAL OFFERINGS
ONE GREAT HOUR OF SHARING

Isaiah 58 describes a new kind of fast, not to give up bread but to share it. Isaiah calls us to “loose the bonds of injustice,” to “let the oppressed go free,” to “share bread with the hungry” and to “invite the homeless poor into our homes”. We are called to offer help to those in need and restoration to those who have been broken down. One way we answer this call is through our gifts to One Great Hour of Sharing. *Join with Presbyterians worldwide* in sharing God’s love with our neighbors-in-need around the world by providing relief from natural and human-caused disaster, food for the hungry and support for the poor and oppressed. This Lenten season please give generously to One Great Hour of Sharing.

We Are Building an Orphanage! ~ In response to the Mack's exploratory trip to Africa in January, a need has been identified: To provide a home for 22 children plus 2 care providers that are currently housed in the 3 bedroom home of Pastor John, which will no longer be available next year. Our hope is to raise enough funds through donations and fundraisers to build and furnish an orphanage to provide a home for these children and their care providers. The home will be constructed in phases and we hope to have all phases funded by Friday, April 13 our next scheduled “Meals To Go” fundraiser. As always, we could use your help! We have several volunteer opportunities available for the fundraiser.



1. We need a volunteer to distribute and track tickets, Kitty will be available to train and provide support for this person.
2. Getting the word out and selling tickets
3. Volunteering Thursday and Friday for cooking, assembling and distribution of dinners

The dinners will sell for \$60 for a Tri-Tip dinner for 4 and \$35 for a dinner for 2.

We will be accepting additional donations as well to help change the lives of 20 plus children in Uganda, Africa.

Thank you in advance for your generosity and prayers!

Cookies... cookies... and more Cookies!!!



Last month we had a cookie baking party to shower David's troops with sugary love. Several women met in the kitchen to bake approximately 70 dozen cookies, and 20 dozen more were baked at home and donated (**over 1000 cookies!!!**). And, of course, we couldn't have gotten the job done without our seasoned and experienced "cookie testers", Jerry Garcia and Pastor Daniel!

Thank you to Shirley Lewis, Wilma Pribyl, Lily Carr, Kris Guadagnoli, Kitty Sandelin, Nancie Garcia, Diane Yanez, Marie Pera,

Barb McLean, Sharon Ruddick, Debbie Brutocao, Debbie Holland, Chris Gordon, Gayle DeVries, Shannon Phelan, Jaunita Coddington, Carolyn Barrett & Grandson, Clede Erickson, Denise Beckler, Michele Young and you anonymous cookie bakers for helping to get this special shipment to our troops!



Personnel updates – Jerry Garcia, Elder

Position of Director of Youth & Families

Ministries is announced! The position has been drafted, approved by Session, and announced on a variety of social media networks that post job opportunities. Should a member of our church family have knowledge of a viable candidate please have them contact us at our website www.fpcukiah.org to attain all information and an application. This is an excellent opportunity for an individual wanting to serve God's children and families in a loving environment.,



Pastor Daniel continues with FPCU ~ Pastor Daniel's term of employment contract ends March 18th. We have asked him to continue in his same capacity including a cost of living increase as recommended by the Presbytery. He has graciously accepted this charge and agrees to continue on a month-to-month basis as needed until Pastor David is ready to return from active duty. We are blessed to have him serve our congregation!



March VIP Luncheon Wednesday, March 21st @ 11:30

All those Very Important People age 70 and over are invited to a fun-filled luncheon on the 21st. The menu is baked potato bar, green salad and chocolate chip mint ice cream. Program to be announced. Please call the church, 468-9235, if you need a ride. Hope to see you here!

Mark your calendars for Saturday, May 5, 2 pm, Bromley Hall,
for the up-dated version of our new **Spring Tea**. We're going to keep it
simple this time and boy, do we need your help!

*Sign-ups needed for Advertising, Cookies, Tea Sandwiches, Set-Up,
Entertainment, Emcee & Clean-Up, as well as Servers and Others. We
will soon have our volunteer assignments spread-sheet (courtesy of Diane
Yanez) up and running so everyone can see where we are at any given time.
Thank you, Diane!*



Next Group Meeting: Sundays after church seems to work best, doesn't it, and our discussions take
no more than 15-20 minutes. Hope to see you at our next one: Sunday, March 11th in the James Room.
Questions? Call Jaunita @ 263-5534.

Dear Church Family ~ We want to thank all of you for
your prayers, phone calls, cards and food for the recent loss of Chris (our
loved one). Your hugs and deep concerns have also been so appreciated.

~ Love in Christ, Cleda Erickson & Family

Message from the Finance Committee...

Kevin DeVries (Elder) Lenord Swope,
Cindy DeVries (Treasurer), Denise Beckler
(Office Manager), Daniel Christian

January was a light month in terms of expenses, so we are ahead on our giving vs. expenses by \$8,233.

If you have not turned in your pledge for 2018, we are happy to still accept those from you. You can find pledge cards on the back table in the sanctuary, or pick one up from the office. As of December 31st, we had received 42 pledge cards for a total of \$26,158 (only 10% of our budget). As a reminder, our annual budget for 2018 is expected to be \$260,384.

We also just paid our first installment for our Presbytery dues. As a reminder, they are \$30.21/per member. We would appreciate if you are able to supplement this amount for you and/or your family. You might also consider a donation in addition to you own, to help someone else who is not able to give toward their membership. Anything received is much appreciated.

As of January 31, 2018		Total \$\$
Income	\$	18,786
Expenses	\$	10,553
Difference	\$	8,233
Balance in Checking Account		Total \$\$
Non-Designated Funds	\$	79,207
Designated Funds (detail below)	\$	38,177
Total Balance in Checking	\$	117,384
Balance in Savings		Total \$\$
CD's	\$	44,297
Mutual Funds	\$	25,742
Other Savings	\$	66,361
Total Balance in Savings	\$	136,399
Detail of Designated Funds in Checking Account		
Missions	\$	280
Hispanic Ministries	\$	391
Hispanic MicroLoans	\$	1,010
Mission Trip	\$	3,043
Missions Fundraiser	\$	-
Centsability	\$	10
Per Capita	\$	-
Deacons	\$	141
Flowers	\$	-
General Memorial	\$	25,684
Camperships	\$	500
Buildings and Grounds	\$	200
Compassionate Ministries	\$	1,282
Singalong	\$	(521)
Senior Ministries	\$	-
Adult Ministries	\$	3
Youth Ministries	\$	37
Children's Ministries	\$	-
Childrens Playground	\$	3,876
Vacation Bible School	\$	-
Missions-Shoes 4 You	\$	89
Special Grants	\$	1,933
Fellowship Meals	\$	218
Total	\$	38,177



MEETING MINUTES

Notes from the Session Meeting, January 18

DECISIONS/MOTIONS:

- **Buildings/Grounds:** Pre-approval for groups who use the facility on a regular basis for fund-raisers or admission/donations: Association of Behavior Consultants (ABC) Program; Boy Scouts/Cub Scouts, Mendocino

College Concerts, Nor Cal Christian Ministries, Ukiah Civic Light Opera (UCLO), Lifeline Screening, Red Wagon Craft Faire, PEO. Normal policy/fees apply.

- **Personnel:** approved revised draft of the job description for the Director of Youth and Family Ministries.
- **Additional motions:** **1) Clerk of Session,** Warren Pribyl; **2) Church Treasurer,** Cindy DeVries; **3) Presbytery Commissioners:** All current Ruling Elders and any previous Ruling Elders willing to serve on an “as need basis” (2-9-18 meeting: Karen Golden; Shirley Lewis); **4) 2018 Communion dates:** first Sunday of every month (retroactive to 1-7-18); every Sunday in Lent; Palm Sunday; Ash Wednesday; Maundy Thursday; Stewardship Sunday.

COUNCIL-COMMITTEE REPORTS

Family Council:

- **Christian Education-Youth:** Special activities-outings are planned for the next few months (example: bowling). A concerted effort needs to be undertaken by the church leadership to involve more of the church family in the youth programs of the church.
- **Worship and Music:** Ash Wednesday is 2-14-18 and by consensus the service will be at noon. Lent begins Sunday, 2-18-18: communion will be served each Sunday during Lent, and arrangements are underway to also have Lenten luncheons. Maundy Thursday, 3-29-18 will include a seder and communion. There will be a Good Friday service.
- **Missions:** The communication from Kevin and Shelly Mack from Africa has been very encouraging and informative. The next packing party is 1-31-18.
- **Adult Ministries:** The new members class is set for 1-28-18, from 11:30 AM-2:30 PM, with lunch provided.

Resource Council:

- **Finance:** Two items were shared with Session: 1) The General Fund Income-Expenses by month, January-December 2017; 2) The year-end report, 1-31-17, of income-expenses for the year, noting that income was \$266,261 and expenses were \$254,666, leaving a carry-over of \$11,595.
- **Buildings and Grounds:** Next meeting is 2-1-18; workday is 2-3-18.

NEW BUSINESS:

- **Ramos Property:** Shirley presented a summary of a report prepared by a realtor regarding the current state of the property and the pros/cons of making the necessary upgrades to sell the property or sell it as is. The information will be given to the finance committee. They would then contact the Mendocino Community Foundation.
- **Mid Course Review of 2017-2018 Goals and Objectives:** After discussion it was decided, by consensus, that session committees would review their portion of the document and report back at the February Session meeting. Deacons will also be asked to review the document.
- **Committee Assignments 2018:** Christian Education/Youth, Roe Sandelin; Worship/Music, Shirley Lewis; Mission, Michele Young; Congregational Life, Lenord Swope; Adult Ministries, Karen Golden; Finance, Kevin DeVries; Buildings and Grounds, Randy Beckler; Personnel, Jerry Garcia; Nominating, Randy Huffman.

The next Session meeting is Thursday, March 15th, 6:00pm.

Notes from the Congregational Meeting, January 21

The purpose of the meeting was to: 1) review the financial report for 2017; 2) present the 2018 budget (informational only); 3) present the 2017 Annual Report of Church Boards, Committees and organizations.

The Moderator noted that the 2017 Annual Report is available online. The Moderator then went through the report, having the individuals, present in the meeting, discuss their section if warranted.

The Moderator introduced Kevin DeVries, Finance Chairman, and Cindy DeVries, Church Treasurer. Kevin and Cindy presented a summary review of the finances of FPCU for 2017, noting that at the end of December the church had a positive difference between income and expenses of \$11,595. Kevin and Cindy then presented the 2018 budget, noting that pastoral expenses will be less, yearly rental income will probably not be as great from Nor Cal Christian Ministries (attempting to finalize a permanent location), and income from pledges and plate offerings are projected to be 75%-80% of the income for the year.

Session Members: Randy Beckler, Daniel Christian, Kevin DeVries, Jerry Garcia, Karen Golden, Randy Huffman, Shirley Lewis, Roe Sandelin, Lenord Swope, Michele Young

Did we miss your birthday last month???

Please contact the church office or email Denise, denise@fpcukiah.org so we can send a card and celebrate with you!



Happy Birthday!


3/1 Allison Huff	3/7 James Denham	
3/2 Wilma Pribyl	3/10 Carolyn Barrett	3/23 Ryan Hamilton
3/3 Al Damon	Dory Haselswerdt	3/27 Jordan Ingalls
Jim Barrett	3/14 Cameron Gernert	3/30 Bob Gernert
3/6 Kaydence Gernert	3/15 Sherry Budke	3/31 Rusty Noe
Jaden Haselswerdt		

Event Calendar ~ March



Sun weekly	10:00am	Worship Celebration
	6:00pm	#SWAG Youth Group
Mon weekly	6:30pm	Cub Scouts
Tue. weekly	6:30am	NorCal Christian Ministries
	7:00am	Men's Bible Study
	8:30am	Serendipity Women's Bible Study
	5:00pm	SIPS Women's Bible Study
	6:00pm	Spanish AA; NAHOP
Wed. weekly	6:30am	NorCal Christian Ministries
	5:30pm	Worship Team rehearsal
		Hangout Kids' club
Thurs. weekly	6:30am	NorCal Christian Ministries
	1:00pm	ABC Program
	6:00pm	Spanish AA

...additional events for the month

3/4	Centsability Offering			3/11	11:00am	Missions Committee
	11:00am	Lent women's choir				Lent women's choir
3/7	10:30am	Worship Committee		3/14	1:30pm	PW Bible Study
	5:30pm	Hangout Resumes!		3/15	6:00pm	Session
3/11	Daylight Savings Time begins			3/20	12:00noon	Family/Outreach Council
3/8	12:30pm	ABC Program		3/22	12:30pm	ABC Program
	6:30pm	Boy Scouts		5:30pm		Deacons
3/10	9:00am	Stitches from the Heart		3/24	10:00am	Egg Hunt/lunch
	10:00am	Rowland Pringle Memorial		3/28	1:30pm	PW Bible Study

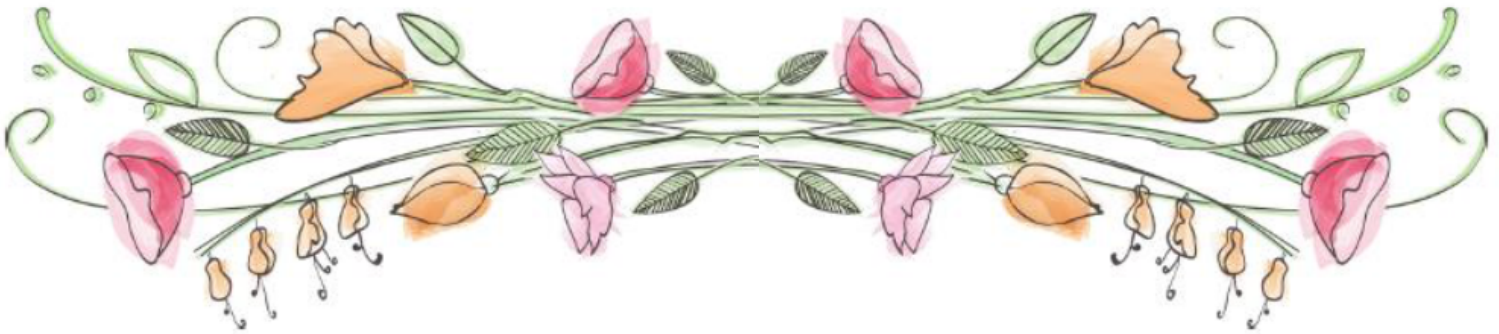


Our Calendar is also available online @ <http://fpcukiah.org/calendar/calendar/>

(Note: if using a phone, view in landscape orientation to view properly)

YOU ARE INVITED

Nor Cal Christian Ministries
3rd Annual Fundraising Banquet



Saturday April 21st 6:00 pm
Redwood Valley Community Church
951 East School Way Redwood Valley

We are seeking table sponsors to host a table of 8 guests. There is no cost associated with hosting a banquet table.

Please contact Tony to become a table host!
(707) 481-8398 or Tony1203@comcast.net

~Adult only Affair~

Women's Retreat

[Login and/or Register Here](#)

April 13-15, 2018
Threads of Grace

At one time or another we will all encounter obstacles in our lives that leave us scrambling for solid ground. Maybe our health is taken from

us, or we are struggling at work or at school or perhaps the relationships around us are breaking apart. When life looks bleak God often weaves a thread of grace into our lives...a thread that leads us back to Him. Come join us at Women's Retreat 2018, as we hear from three different women sharing their journey of how God reached them, transformed them and is using them today. Their stories will leave you inspired, encouraged, and challenged as you reflect on God's thread of grace in your own life.



Guest Speakers:

Dana Bryant:



Dana Bryant is a passionate woman with a deep desire to bring relief to those that are hurting. Dana is the Co-Founder of Crossing the Jordan. Dana and her husband Michael had a vision to support struggling women and mothers seeking to change their lives,, they opened an 18 month residential Life Transformation Program that now serves nearly 70 residents and their children. Dana and Michael have 5 children and 2 grandchildren.

Mary Ann Moore:

Mary Ann Moore is a dynamic and energetic woman that has been serving in women's ministries leading Bible studies for over 23 years.

She loves encouraging others in studying the Bible and growing through their circumstances. Mary Ann is a graduate of Texas Lutheran University in Public Relations and attend Golden Gate Theological Seminary. Mother of two adult daughters and wife to Tim Moore for 38 years



Rosy Dabel:

Rosy Dabel is a gentle woman of great strength and courage. Drawn to give her heart to the Lord through music as a little girl in foster care, Rosy found herself pregnant at the age of 16. Through God's grace and the redemptive power of Jesus, she is now married with four daughters, a worship leader, and supports her husband as he leads an international ministry to children called Kids For The Kingdom.

Worship Leader: Miranda Ables



Miranda Ables has been leading worship for over 15 years. She now is the worship leader for her church Citrus Heights Fellowship and she also leads worship at Bayside 20-30 singles group called Fusion. Miranda has two beautiful girls Loriah and Mia. Her girls are her world, being a single mom, but when they are not home she finds time to be involved in ministry as often as she can.



Pre-Conference Luncheon Friday at 12 noon

Theme: I Choose You!

How wonderful it feels to hear the words, "I Choose You!" All of us long to have significance and to make a difference in this world. The good news is that God did choose YOU and every day He longs to have you partner with Him in making an impact in the world... one person at a time. Come join us as we learn the joy of responding to His voice when He says, "I Choose YOU! Now, go walk beside this one that is dear to my heart. I need you to reach them for Me."

Speaker: Dawn Gould

In October of 1987, Dawn moved to Mt. Gilead. She thought well, we will give it a couple years and see how it goes. Little did she know that 31 years later her and husband Executive Director, Dave Gould would still be living and working at Mt. Gilead. A native of Seattle, Dawn and her husband met at Seattle Pacific University. They have three children and one adorable 4 year old grandson. Dawn is the Coordinator of Women's Ministries and Marketing at Mt. Gilead.



Saturday Seminars with Retreat Team & Co

Track One: 9:50-10:50 am

Stuff that Matters: When we are bombarded by a culture that tells us that holiness doesn't matter, Satan uses it to minimize our need to obey God. But what does God have to say about that? Come join us as we learn to understand God's purposes behind what he asks of us. **Leaders: Pastor Mike Hayward & Victoria Hayward**

Ready! Set! Grow!: The Bible is filled with believers that had a rich vibrant faith in Jesus. How did they cultivate such a deep walk with God and how can I learn from their example? How can I change the pattern of my life of longing for more, but settling for less and move to a pattern of longing for more and overflowing with Christ? Come join us as we explore the foundations of our faith and learn strategies for growing a faith that is alive and unshakable. **Leaders: Lisa Lantz & Kelsey Strom**

On the Edge: Being on the edge of a cliff can be exciting and exhilarating, but it can also be frightening and make a us feel trapped. When we find ourselves in midst of difficult trials and circumstances that we didn't expect we can feel like we are on the edge of what we can handle. Come join us as we look to the Lord and His Word for a way to through trials that threaten to rob us of our hope and strength. **Leaders: Tricia Hayward & Tara Feickert**

Track Two: 11 am – Noon

Senior Moment: Young people are longing to hear the voices of godly older people that love them and will speak the truth in these very uncertain times. How would you like to be that older woman that breathes life, hope and encouragement into the next generation? Come join us as we learn how to seize this moment in time and use our wisdom, life experience and faith to equip the young people that God has brought into our lives. **Leaders: Sandi King & Victoria Vernard**

Relationship IQ: Nothing stretches us quite like relationships. The people God has placed in our lives are there by design. In relationships we have the opportunity grow and mature. Come learn how to maximize your ability to relate to those around you. **Leaders: Rhonda Robertson & Parris Robertson**

Set Free:

What can we do when we find ourselves living in ways that limit us? Often we need to look below the surface, where there are clues to our story. It is there that we can break the strongholds that keep us living small. Join us as we explore the way out and step into the freedom Christ has for us. **Leaders: Julie Patt & Dawn Gould**



Saturday Afternoon Recreation Activities

New: Chill Out Day Spa: Relax, refresh and rejuvenate with a friend at Gilead's Day Spa. More details to come! **Space is limited to 50 participants. 1:30-4 pm Cost: \$10**

New: Cooking with Nicole: Come join our chef as she shares her secrets for making mouth-watering hors d'oeuvres! **Space is limited to 30 participants. 2:30-3:30 pm Cost: \$5**

New: Archery: Learn the basics of archery at Gilead. **Space is limited to 15 participants. 3:00-4 pm No Charge**

Painting: Art lovers...this is your opportunity! Come learn to paint among friends. Its fun, its relaxing and it is just for you! **Space is limited to 40 participants. Session 1: 1:00-2:30 pm Session 2: 2:30-4 pm Cost: \$15**

Laser Tag: Looking for fast action fun in the woods? Grab a buddy and enjoy one of the most popular activities at Mt. Gilead...LASER TAG! **Available all afternoon**

Mini Mudder Run: For the buff girls that love to run in the mud...we have a muddy run full of fun for you! Come run Gilead's Mini-Mudder. **Must sign waiver to participate. 1:30-2:30 pm Please bring tough clothes and shoes that can get filthy.**

Skeet Shooting: Ladies here is your opportunity for some adventure with skeet shooting. **Available all afternoon.**



Costs

Pre-Conference Luncheon	\$17	
Weekend program, meals + <u>Redwood/Pepperwood</u> (waitlist only)	\$185	Includes bedding and towels
Weekend program, meals + <u>Fir Lodge</u>	\$163	Includes bedding
Weekend program, meals + <u>Cabins</u> (does not include bedding or towels)	\$135	
Weekend program, meals + no lodging	\$105	
Friday night program + meal	\$37	
Saturday program + meals	\$93	
Sunday program +meals	\$61	

Weekend Schedule

Friday April 13, 2018

11:30 am Pre-Conference Luncheon Check-In

12:00 Luncheon Begins in Dining Hall

1:00 Worship in Chapel

1:30 Luncheon Session with Dawn Gould

2:30 Luncheon Closing

3:00 Retreat Registration begins in Fireside Room

6:00 Dinner

7:00 General Session 1 with Dana Bryant

9:00 Snack

Saturday April 14

8:00 Breakfast

9:00 Special Feature: *Just Between Sisters* Panel Discussion

9:50 Break Out Session 1

11:10 Break Out Session 2

12:05 Lunch

1:00 Skeet Shooting, Laser Tag, Zip Line, Painting Session 1

1:30-2:30 Mudder Run 1:30-4 Day Spa

2:30 Cooking Class, Painting Session 2

3:00-4:00 Climbing Wall Archery

4:30 General Session 2 with Mary Ann Moore

6:00 Dinner

7:00 Pajama Party

7:30 Talent Show

8:30 Chick Flick and Snack

Sunday April 15

8:00 Breakfast

9:00 Worship with Miranda Ables

9:15 Session 3 with Rosy Dabel

9:45 Silence and Solitude

10:45 Worship

11:00 Time at the Cross/Communion

11:30 Cardboard Testimonies

12:55 Closing Song

1:00 Lunch



Women's Retreat 2017