



Presbeat



First Presbyterian Church of Ukiah, CA
 514 West Church Street; Ukiah CA 95482
 Office hours Mon-Thurs, 9am-1pm ~ 707.468.9235
 Pastor David Rodriguez davidbrodriguez@yahoo.com
 Alexis Moore, Director Youth/Families alexis@fpcukiah.org
 Denise Beckler, Office Manager/Music Director, denise@fpcukiah.org
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"LENTEN SERMON SERIES"



On Ash Wednesday, February 26, Christians around the world will begin celebrating the season of Lent. This is a 40-day season of preparation for the greatest holiday of all, Easter. For the next 40 days we have the opportunity to reflect on our need for God's forgiveness which He pours out to us from the cross of our Savior, Jesus Christ. We also have the opportunity to reflect on the new life that God gives us through the Resurrection of our Lord, Jesus Christ.

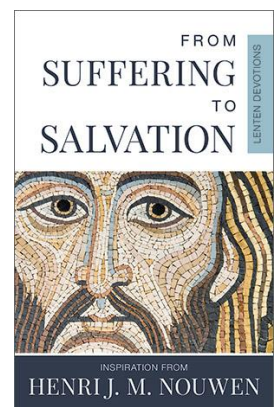
During Lent, I will be preaching a series of sermons based on my recent mission trip to Uganda. The focus will be on how we can cooperate with God as He is transforming us into people who are like Jesus. Romans

8:29 tells us that we have been "*predestined to be conformed to the likeness of His Son*". I preached 13 one-hour sermons about this in Uganda, so be sure to come to church fully caffeinated.

I am looking forward to seeing what God will be doing in our lives as we spend time with Him during Lent.

In Christ, *David*

If you are interested in a devotional for Lent, we have booklets available on the narthex table.



Greetings FPCU Families!



I can't wait to tell you all about the exciting things we have planned for our Youth Group this year!

Following our Youth Retreat to Mendocino Redwood Retreat in January, and our Galentine's Day Sleepover in February (see pics on next page), now we are headed to Chico, CA to check out CSU Chico! Our one-night **CHICO TRIP** is being held on February 29th-March 1st. We will be spending the night at Bidwell Presbyterian Church, touring Chico's campus, and talking about why college is a great option after high school!

This trip is preparation for a longer college road trip we are planning to take in April! **DURING SPRING BREAK**, our high schoolers will be driving all the way down to Santa Barbara to tour my alma mater, Westmont College. Along the way, we will be stopping at Sonoma State, UC Santa Cruz, and a couple other universities! Mark your calendars for April 6-9th and get ready to hit the road!

Coming up on April 4th at 11am at McGarvey Park, we will be holding our annual **EASTER EGG HUNT!** With games, crafts and our egg hunt, this event is fun for the whole family! Following the festivities, all families are welcome to return to First Presbyterian Church of Ukiah for lunch together. Get excited because this event is one of our biggest outreach events of the year!

As usual, **YOUTH GROUP** occurs weekly on Wednesday nights from 6 to 8pm for our 6th-12th graders. We always have a great time playing games, getting to know each other, and reading the Bible together in our small groups!

Every week we also hold the **NURSERY, SUNDAY SCHOOL, AND DONUTS AND DEVOTIONALS** (a Bible study for grades 6-12) on Sunday mornings! Joining us on Sunday is a great way to get your family ready for the week by centering their hearts and minds on Jesus. Our kids absolutely love our Sunday morning programs and we are always excited to see them!

For more information about Children and Family Programs, contact Alexis at 707-391-9460 or alexis@fpcukiah.org. You can also find us on Facebook at "FPCU Youth and Family Ministries" and on Instagram at @fpcuyouth

In Christ ~ *Alexis*



Galentines Sleepover:



VIP Luncheon

Wednesday, March 18th @ 11:30am

All those Very Important People age 70 and over are invited to a luncheon on the 3rd Wednesday of every month.

Menu: Meatloaf, Mashed Potatoes & Gravy, Green Peas, Dessert

*Come join us as we gather around the table for good food and fellowship.
No reservations necessary. But do let us know if you need a ride.*



MISSION MOMENT



Due to a problem with the shoe recycling business that we were using, we are no longer recycling shoes. We are also not doing a rummage sale in the foreseeable future, so we are not collecting donations of items at this time.

Please do not drop items off at the church.

Thank you for your ongoing support of the Caritas Orphanage in Djibouti with your contributions of peanut butter, dry beans and pectin based chewable vitamins (*such as SmartyPants available at Costco*). It is important to have pectin based chewable vitamins as there is no water available to take non-chewable vitamins and the gelatin based chewables melt in the African heat and arrive stuck together.



Items for the Orphanage can be dropped in the receptacle in the narthex.

SHEPHERDING GOD'S GIFTS

by Roe Sandelin, Youth and Families Elder

This month we continue our focus on the topic of waste recycling. Very exciting, right? As I mentioned last month, we are experiencing mixed success with recycling at FPCU. We want to improve. In the months ahead we will be taking steps toward a much more simplified recycling effort. Look for signs at the recycle containers. If you are in doubt about what goes where, put it in the trash and...tell me your question so a good answer can be found.

The local Mendocino Solid Waste Management Authority (MSWA) provides the recycling guidance we will use to guide our FPCU efforts. Their guidance changes from time-to-time as state and federal regulations dictate. Please approach our FPCU efforts with a Godly heart and an open mind. (imagine there is a smiley face here) Ha ha.

We will start by addressing some items we commonly see MIS-DIRECTED in our church facility waste stream: Plastic bags, Styrofoam packing materials and Styrofoam foam tubs. These items commonly are used to package food and other consumer goods. Guess what? NONE of these items are recyclable through our local waste hauler* (the stuff we put in bins and take to the curb once a week). NONE, NADA, NO WAY, DON'T DO IT!

- All foam materials go in the trash.
- *Plastic bags, the stretchy kind we use for produce or trash bags or bakery bread can be taken to a few local stores (Lucky's, Kohl's, Raley's) for recycling. Ask an employee for the location of the

receptacle. If you know of other places that accept this kind of recycling please tell me.
EXCEPTION: shredded office paper should be put in translucent plastic bags and placed in the
BLUE recycle bin.

As Daffy Duck often said, *"That's all (for now) folks!"* And, as the Cub Scout Motto says: *DO YOUR BEST!*



Soul Food March

March, the Month of Food for the Soul and Soul Food. March 1 starts our Lenten Lunches so stay after church let us enjoy each other's company for lunch.


Women's Serendipity Bible Study has move to Thursdays!

The Tuesday morning women's Bible study has move from Tuesdays to Thursdays! Women of all ages are welcome.

Using the Serendipity Bible for Groups, we study a complete book, which is mutually agreed upon by the group (currently we are studying "ACTS"), reading a specified portion each week and answering the "cup" (ice breaker), "book" (about the text) and "heart" (life application) questions. Since the questions are found within the pages we're reading, we are literally 'all on the same page'. A deep level of understanding scripture is not required. The passages are read together during our gathering, so there is no homework. We rotate the "facilitator" each week, and spend time sharing prayer requests, praises, and a light snack. We meet at 8:30 am on Tuesday mornings for an hour and are open to anyone who may be interested in studying and fellowshiping with other women at FPCU.



FINANCE ~ Mark Smith, Elder



Per Capita:

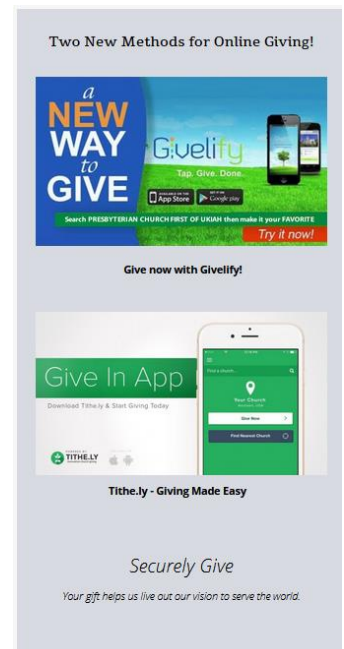
Per Capita 2020
The Presbytery of the Redwoods
The per capita contribution breakdown for 2020

General Assembly:	8.95
Synod of the Pacific:	5.22
Presbytery::	17.26
Total:	\$31.43 per active member



ONLINE GIVING OPPORTUNITY

FPCU offers two options for giving online. You can download the Tithe.ly and/or Givelify apps to your smartphone or tablet and give to FPCU anytime, anywhere – evening during worship at offering time!



Give online at fpcu.org/giving

If you choose to give via our website, just click the “Giving” button, and you’re there! Quick and easy!

Or use an app:

- Go to your smartphone’s app store and search for the Tithe.ly or Givelify app. (For an iPhone or iPad go to the Apple App Store; For Android device go to Google Play). Once you have downloaded the Tithe.ly or Givelify app, you will need to register online to give to FPCU. The apps are free to download and free to use. There is a low 2.9% + \$0.30 fee per transaction. For example, a \$100 donation would be a net \$96.80 sent to FPCU.
- Once you’ve downloaded the Tithe.ly/Givelify app search for First Presbyterian Church, Ukiah. Follow the prompts to Create an Account and Give. It’s that simple!
- Frequently Asked Questions (FAQs) about giving with Tithe.ly/Givelify including Cover the Fees™ calculations, recurring giving, security, changing personal giving options, or How to Create a Recurring Gift can be found on the link associated with each giving platform found on our website <http://www.fpcukiah.org/>

Remember this: whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. ~ 2 Corinthians 9:6-8:

January 31st Income / Expenses:

We brought in a bit less money than expected in January and are overall spending was ~\$8,800 more than giving. We did expect to be negative for the month as we had 3 payrolls due to the calendar (normally there are only 2 payrolls in a month).

As it is a new giving year, we would like to remind you to submit your per capita allowance for 2020. This is the amount that our church pays to the Presbytery in the form of "dues" for each member. The amount is \$31.43.

If you did not submit your pledge card for 2020, please be sure to do so by dropping in the offering plate or by giving it to the office. Pledge cards are available on the narthex table as you enter the sanctuary.

Thank you for your faithful giving.

As of January 31st, 2020		Total \$\$
Income	\$	18,008
Expenses	\$	26,880
Difference	\$	(8,872)
Balance in Checking Account		Total \$\$
Non-Designated Funds	\$	94,955
Designated Funds (detail below)	\$	43,441
Total Balance in Checking	\$	138,396
Balance in Savings		Total \$\$
CD's	\$	44,479
Mutual Funds	\$	27,941
Other Savings	\$	68,994
Total Balance in Savings	\$	141,414
Detail of Designated Funds in Checking Account		
Missions	\$	665
Mission Trip	\$	1,459
Missions Fundraiser	\$	6,587
Centsability	\$	56
One Great Hour of Sharing	\$	-
Shoes 4 You	\$	-
Pedals 4 Protein	\$	-
Pass-Through	\$	-
Per Capita	\$	-
Deacons	\$	20
Flowers	\$	-
Ramos Trust	\$	(100)
General Memorial	\$	29,983
Buildings & Grounds	\$	-
Compassionate Ministries	\$	2,636
Pastor Appreciation	\$	-
Adult Ministries	\$	3
Singalong	\$	(628)
Fellowship Meals	\$	42
Youth Activities	\$	154
Children's Activities	\$	-
Children's Playground	\$	2,405
Camperships	\$	160
Total	\$	43,441

CONGREGATIONAL LIFE ~ Elder Lenord Swope

A Few Moments with our Fellow Member Joyce Sarber,

Our prior pastor Daniel Christian wrote a column in the Ukiah Daily Journal called the Journey. In our few moments with Joyce Sarber, we highlight parts of Joyce's journey. Joyce grew up in Minnesota. Her mother and the next-door neighbor became best of friends; in turn Joyce and Grace became best friends. The two of them had great times together, one memorable adventure was the ladies rigged a chair and a rope from a second story window allowing one friend to lower her accomplice in hijinks to the ground level.



That neighbor bond lasted 90+ years ending when her friend Grace passed away about a year ago. Such a great bond with Grace was shared with Joyce's daughters. One particularly difficult year experienced by Gay, prompted her to call up Grace and arrange for a two-week chilling session/vacation staying with Grace.

Although the neighbors moved from White Bear Minnesota to the Minneapolis area, distance did not diminish the bond, because when Joyce enrolled in Macalester College she stayed with her former neighbors while attending her first two years of college.

Joyce got a job in a lab soldering breadboards located on Wright Field in Ohio. Joyce continued the movement from Minnesota and was enrolled in UC Berkeley. Her father also mirrored a westward drift from Minnesota taking a job as a private contractor to the military in Hawaii – his jeweler talents were put to good use working on ordnance.

Those years of warmer temperatures in Hawaii were too alluring for Joyce's father to return to Minnesota. So, at the end of the war her father had relocated his jewelry business to 14th street in Oakland, CA. As I listened to parts of her journey, it was like listening to a good novel - can we get the next chapter, can we?

The important piece of the novel, a man by the name of Richard Sarber, working for his father's business, Western Theatrical Equipment Company, was in the Yosemite area while Joyce was working one summer at the Ahwahnee Hotel in Yosemite, well their paths crossed and, learning that Richard lived in Berkeley and Joyce in Oakland, well the match was made.

Richard wanted to strike out on his own so he, his brother and his sister went into business with the father supplying some of the financing so, in 1949, Triple S Camera was established. The business's first location was where the Tuxedo Shop exists today. In that era the business community consisted of Mom and Pop shops with everyone having accounts at various Ukiah business – put it on my account was a common practice then – accounts settled on a monthly basis. Her daughter Gay remembers the joy of true neighborhood activities, the adults playing bridge while the kids on the block enjoying each other's company. Late night walks down the entire length of Dora Street.

Joyce fondly remembers her years, with her husband, singing in the church choir. One of her choir members recalled the choir director, Anneta Myska, had a fly swatter supplementing the typical baton, the swatter occasionally used on distracted/inattentive choir members.

I was grateful for the sharing and to close our sharing experience Pastor David and Juanita Coddington served Joyce and Gay Communion, a perfect end to a wonderful time of sharing.

"How Can I Help?"

When someone you care about has been hit with a 'rug-pulled-out-from-beneath-you' experience, it's hard to know what to say or do. Here are 6 good alternatives to "How Can I Help?" (from *Caringbridge.org*)



1. Show up and be present, within your own limits.

It's OK if you don't know what to say: simply acknowledging what's happening, as horrible as it might be, matters. Know that your presence alone can be very comforting. Even admitting that you don't know what to say is better than ignoring or minimizing the unanticipated and unasked-for reality.

2. Ask the person, "How are you, today?"

Then be sure to listen to the answer. The response might change, from day to day. While it can be exhausting for people in crisis to repeatedly talk about their trauma, asking "How are you doing, *today?*" allows them to share as much, or as little, as they wish.

3. Listen more; talk less.

There are no prizes for dealing with grief or loss "well" or "gracefully." Mostly, people in the midst of a health crisis are just doing what they can, putting one foot in front of the other.

4. Practice empathy.

Put yourself in their shoes for 1 minute. Let yourself actually imagine being in their situation. If you're struggling with your own emotional reaction to the other person's loss, find someone who can be a buddy for you. With this person, you can process your feelings, rather than looking for comfort from the person with the loss.

5. Offer to do something tangible and useful.







Be specific: “I can drop off some soup on Thursday. How would that be?” While it may feel presumptive to make suggestions, offering something concrete, such as cleaning, cooking, or errands, simplifies things during a very overwhelming time. Your offer might also identify a need they didn’t even know they had.

6. Keep the invitations coming.

People with cancer still like to go to coffee. And to the movies. And out to eat. Be flexible and understanding if they decline, ask for a rain check, decide to leave the event early, or change their mind at the last minute. They’ll still likely appreciate being remembered, even if they aren’t ready for group activities yet. Know that if they don’t respond to your offers immediately, they’ll get back to you when they can/are ready.

While you can’t take away their pain or fix their loss, your care lets them know they aren’t alone. By showing up with care and concern, taking care of your own emotional needs, and providing concrete support for the grieving person, you’ll be providing both tangible care and meaningful comfort that will help them get through the hard times that are an inevitable part of being a human being.

Helpful Resources:

	<p>Senior Resource Directory for Lake and Mendocino Counties: (707) 468.5132. Provides information such as Preparing for Health Emergencies, Active Living, Caregiving, End-of-Life Resources, Grandparenting, much more http://www.seniorresourcedirectory.org/Directory/Index.htm</p>
	<p>Food and Nutrition Resources: (707) 468.5132. Provides information on Food Stamps, Congregate/Social Dining Sites (including Plowshares and other locations), Food Banks, Grocery Delivery, and Home-Delivered Meals. http://www.seniorresourcedirectory.org/Directory/Food.html</p>
	<p>Alzheimer’s Association: (800) 272.3900 https://www.alz.org/norcal</p>
	<p>Medicare Help Line: (800) 917-6367 They can help find home care, meal delivery, all sorts of things covered by Medicare</p>
	<p>Senior Guidance on Assisted Living: (888) 595.9101 Includes a directory on all our local Assisted Living and Residential Care Homes. https://www.seniorguidance.org/assisted-living/california/ukiah.html</p>
	<p>Adult Services (Mendocino County): Provides information on Adult Protective Services (APS), General Assistance, In-Home Support Services, Veteran’s Services, Care for the Homeless, and more. APS 24-hour emergency line: (877) 327.1799</p>

Session Meeting: January 7th

Decisions/Action Items:

- Accept offer for Ramos Property: \$85,000 (Note: a percentage will go to the Ramos family)

Congregational Meeting: January 12th

Decisions/Action Items:

- Approved Terms of Call (TOC) Cost of Living Adjustment (COLA) of 3.2% for Pastor David Rodriguez

Elders presented the 2019 Financial Report; the 2020 approved budget; 2020 annual reports from Session Committees and Deacons.

Session Meeting: January 16th

Decisions/Action Items:

- Approve Warren Pribyl as Clerk for 2020
- Approved Communion Schedule
- Approved Presbytery Delegates
- Approved Committee assignments
- Approved preaching schedule; new members class; and called Session meeting to receive new members (to be presented to the congregation on Easter Sunday).

DIRECTOR OF YOUTH AND FAMILIES: Youth Group: Meeting Wednesday 6 to 8 pm, continuing the study through the book of John. **Sunday Morning Activities:** Continuing to function smoothly. **Hangout:** Combining Hangout with the Young Adult Nights, 1st and 3rd Fridays from 6 to 8 pm. **Youth Group Retreat:** The retreat will be 1-24-20 to 1-26-20, partnering with the Mendocino Presbyterian Youth Group at the Mendocino Redwood Retreat Center. **Upcoming Events:** Galentine's Day party in February. **Other:** Continue to look for a Children's Ministry Assistant. **Safety Training:** An evening meeting was held at church (1-14-20) to discuss church safety and gun violence. Youth Group did safety training as part of our program plans for the evening. Following discussion the Session, by consensus, decided that it was necessary for the Session to initially meet with a safety professional to evaluate FPCU needs/solutions, and then slowly/carefully inform and involve the congregation.

COUNCIL-COMMITTEE REPORTS

Resource Council

- **Finance:** The Session was presented with three reports. 1)Income Statement for General Funds: December 2019 vs. budget. The budgeted income was \$23,563, but the church received \$30,677. Total budgeted expenses were \$20,937; however, actual expenses were \$22, 506. Because of the strong December giving, after all expenses were paid, FPCU had a \$8,114 surplus. 2)Designated Income and Expense. Through December an additional \$25,102 came in primarily from Missions, Pass-Through, Per Capita, and General Memorial. Most of the money was spent on a variety of expenses. The balance of the Designated Funds as of 12-31-19 was \$42,474. 3)PresBeat Summary. As of 12-31-19 total income was \$267,357, and total expenses were \$259,243, with a positive carry over of \$8,114. The total balance in checking is \$144,779, and in savings is \$141,414. The total in Designate Funds is \$42,472.
- **Buildings and Grounds:** Next meeting is 2-4-20, and the next workday is 2-6-20.
- **Personnel:** The current Safe Church, Misconduct and Abuse Prevention Policy was distributed to Session members, with the request to review before the next Session meeting, contacting Jerry with concerns. Following a discussion regarding the individual primarily responsible for finding the Children's Ministry Assistant, Alexis was identified as the lead person.

Family Council

- **Christian Education:** Continue to struggle with the volunteer pool for all programs (very thin). Plans are being developed for the VBS program to take place during the month of June, 2020.
- **Missions:** The committee will be looking to tighten up its voucher procedures, making sure there are receipts and the vouchers signed by the designated individual before submitted for payment/reimbursement. The committee also indicated that they were preparing to mail to the orphanage in Djibouti: 57 bottles of vitamins, 15 large jars of peanut butter, and 78 lbs. of beans.

Session Meeting: February 9th

Decisions/Action Items:

- Approve Lenord Swope as Moderator pro-tem
- Approve offer for current Boundary and Topographic Survey of the Ramos Property, and to reduce the price of property from \$85,000 to \$75,000 to cover the cost of the survey.

Next Session meeting: Thursday, March 19th

2020 Session Members: Randy Beckler, Jerry Garcia, Dory Haselswerdt, Randy Huffman, Alexis Moore, Wilma Pribyl, David Rodriguez (ex-officio), Roe Sandelin, Mark Smith, Lenord Swope

Did we miss your birthday???

Please contact the church office or email Denise, denise@fpcukiah.org so that we can celebrate with you!



Happy Birthday!

3/1 LaRee Rogers

3/2 Wilma Pribyl

3/3 Jim Barrett

3/6 Jaden Haselswerdt

3/7 Jim Denham

3/10 Carolyn Barrett

Dory Haselswerdt

3/15 Sherry Budke

Joanne Lanz

3/30 Bob Gernert

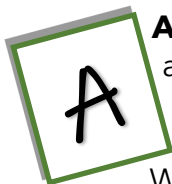
3/31 Rusty Noe



Winter 2020

Dear Praying Friends,

I wrote to you last time about my new role with World Relief in Spokane. It's been a good transition so far as I've gotten to know the staff, have seen several refugee families find their new homes in Spokane since Christmas, and have facilitated training to help volunteers more freely share their faith in Christ with their refugee friends. I also have three more really important recent events to tell you about. So, I'll just jump in with the ABC's from the winter.

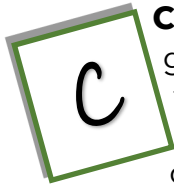


AN ANNOUNCEMENT! Have you heard? Ron Pyle, a wonderful surprise and gift in my life, has asked me to marry him. And I said YES! Ron has used his role as a professor of Communication Studies at Whitworth University in Spokane as a place from which to mentor and pastor students for the past 35 years. Ron lost his wife Julie to cancer just a few months prior to Phil's passing, now more than four years ago. And although we have lots and lots of friends in common and our kids (his three and my three) attended high school together, we didn't meet one another until God's timing was right. Hmmm . . . Could God have had something in mind when he was leading me to focus on the global work that is right here in Spokane? We're planning a small family wedding at the end of March.



A BABY BOY! Welcome to little Ezra John, born December 28 in Seattle to Eric and Alessandra. He's a sweet little brother for Lee, now almost 4, and Anders, going on 2.





CUBA! You've been praying about the team going to Cuba. God granted our visas and the team of six, all professionally trained English teachers, were in Santa Clara, right in the center of the country, for a week at the end of February. What a wonderful trip with a great church partner, Los Pinos Nuevos! Monday evening, we invited Cubans who teach English to come for a professional development workshop, expanding their capacity to



Linda with some of her students



Maureen's Beginner Class

teach their own students. Tuesday through Thursday we were maxed out with a total of sixty students in five classes. About twenty of those students had been invited to the church for the first time. Every night we used a story from the Gospel of Luke to teach vocabulary, language skills, and to clearly share the Gospel. The church in Cuba is multiplying and these classes are part of their vision to both bless their community and to invite others into a relationship with Jesus. I'm so grateful to God for each of the women who prepared and taught so

well - Beryl, Judi and Janet from Washington, Linda and Maureen from Florida. Thank you for praying!

Cuba is the last international equipping trip that I've had scheduled from my work with the ReachGlobal Community Development team. Now my focus turns to training volunteers at World Relief Spokane as they teach English and share their faith with their refugee friends. (Okay, I admit that with a wedding coming up, my focus may be, well, a little less than laser-sharp . . .)






Teachers' Professional Development Workshop

Know that I'm always grateful for you, for your prayers and your support of God's work to bring about His Kingdom.

With joy,

Peggy Arendt

MARCH CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am Worship Cents-ability / Communion 11am Lenten lunch 2:00pm Symphony	2 6pm Cub Scouts	3 7am Men's Bible Study 11:15am Worship Committee 5pm SIPs Bible Study 5:30pm Christian Ed Committee 6pm AA / NAHOP	4 1pm Knit Group 6pm Youth Group 7pm Worship Team	5 6pm AA 8:30am Women's Bible study	6 6pm Hangout / Young Adult Group 7pm Men's Poker	7
8  10am Worship 11am Lenten Lunch 11am New members class 11:15am Missions Committee 11:15am Egg Hunt planning mtg	9 6pm Cub Scouts	10 7am Men's Bible Study 5pm SIPs Bible Study 6pm AA / NAHOP	11 1pm Knit Group 1:30pm PW Bible Study 6pm Youth Group 7pm Worship Team	12 8:30am Women's Bible Study 12:30pm ABC Program 6pm AA 6:30pm Scouts BSA	13	14 9am Stitches from the Heart
15 10am Worship 11am Lenten lunch 11am New members	16 6pm Cub Scouts	17  7am Men's Bible Study 10:30am Communi- cations Committee 5pm SIPs Bible Study 6pm AA / NAHOP	18 11:30am VIP 1pm Knit Group 6pm Youth Group 7pm Worship Team	19  8:30am Women's Bible study 6pm Session; AA	20 6pm Hangout/ Young Adult Group	21
22 10am Worship 11am Lenten lunch 11am New Members	23 6pm Cub Scouts	24 7am Men's Bible Study 5pm SIPs Bible Study 6pm AA / NAHOP	25 1pm Knit Group 1:30pm PW Bible Study 6pm Youth Group 7pm Worship Team	26 8:30am Women's Bible Study 12:30pm ABC Program 5:30pm Deacons 6pm AA 6pm Cubs committee	27 7pm Men's Poker	28
29 10am Worship 11am Lenten lunch 11am New Members	30 6pm Cub Scouts	31 7am Men's Bible Study 5pm SIPs Bible Study 6pm AA / NAHOP				29

Our Calendar is also available online @ <http://fpcukiah.org/calendar/calendar/>