

First Presbyterian Ukiah 514 West Church Street 707 468-9235

www.fpcukiah.org www.facebook.com/ firstpresbyterianchurchukiah

Office Hours: Mon-Thur, 9am-1pm

David Rodriguez, Pastor 707-391-3888

Kelsey Ingalls, Pastor 707-391-0021

Denise Beckler,
PRESBEAT Editor,
Office Manager/Music Director

Sermon Series: September 4 thru October 23 "The Beatitudes"



## The Beatitudes

Beginning on September 4, Pastor Kelsey and I will be preaching a series of sermons on the Beatitudes. These are the statements of Jesus from His Sermon on the Mount which can be found in Matthew chapter 5. Each of these statements of our Lord begin with, "Blessed are.....".

Each of the Lord's beatitudes have challenged the norms of our world eversince they were first preached. They go against the grain of a society that values power, wealth, and popularity. Yet, they proclaim the eternal and life giving values of the Kingdom of God.

For example, "Blessed are those who mourn..." and "Blessed are those who are persecuted..." would not be printed on bumper stickers or T-shirts. They would not be slogans is any political campaign. They would never be used as the title of a self-help book. And they would never appear on the financial report of a Fortune 500 corporation. And yet, the King of the Universe proclaims them for all of His people to follow.

I am looking forward to our time together as we explore how Jesus is calling us to live. We will all be blessed.

In Christ,

David

Our pastors are thankful to be serving our congregation, not only in worship but even more so in relationships. They also need their private space, as we all do. If you have church related business to discuss with them, we prefer you do not drop by their homes unannounced in order to do so. They are always available by phone or email for visits, appointments and emergencies, and their schedules are flexible. Their contact info is above. Thank you!



On Sunday, September 25th we will be saying farewell to summer with our annual Church Family Picnic.

After the Worship Service, we will make our own sandwiches or salads from the luncheon bar in Bromley Hall. Then we will meander down the street to McGarvey Park

where we will all eat and enjoy a time of fellowship with our church family under the trees. During lunch, we will hear from some of our folks who will tell us about summer activities they participated in and how they made an impact on our friends and the community.

Of course, "Molly's Self Serve Ice Cream Stand" will be open with all the fixings for a sundae or two. You may even want to make a root beer float!

What to bring? Folding chairs a hat, sunscreen, and a smile. You may set up your chairs before you go to church. There will be someone staying in the park during the service to watch over things there.

Remember – Sunday September 25th.

## Financial Update

First Presbyterian Church of Ukiah Financial Summary as of 7-31-2016

As of July 30, 2016 Total \$\$

Income \$ 139,578.00 Expenses \$ 151,047.00 Difference \$ -11,470.00

**Balance in Checking Account** Total \$\$

Non-Designated Funds \$ 23,807.75 Designated Funds (detail below) \$ 37,634.03 Total Balance in Checking \$ 61,441.78

Balance in Savings Total \$\$

CD's \$ 44,167.53

Mutual Funds \$ 23,271.53 One Time Special Gift in 2014 \$ 46,758.85

Total Balance in Savings \$ 114,197.91

#### **Detail of Designated Funds in Checking Account**

0.00 Missions \$ **Hispanic Ministries** \$ 634.24 **Hispanic MicroLoans** \$ 1,010.00 3,643.45 **Mission Trip** Per Capita \$ 59.20 \$ **Deacons** 6.35 **Flowers** \$ 4.55 **General Memorial** \$ 25.489.84 \$ **Camperships** 45.00 **Building and Grounds** \$ 5.00 \$ 1.250.60 **Compassionate Ministries Senior Ministries** \$ 11.58 **Adult Ministries** \$ 319.00 \$ **Youth Ministries** 3.37 \$ **Children's Ministries** 27.08 \$ **Childrens Playground** 4.346.30 \$ Vacation Bible School 598.42 **Fellowship Meals** \$ 180.05 Total 37.634.03

## September

### BIRTHDAYS

1 Barbara Rones

4 Carol Cowles

8 Vernlyn Farnsworth

9 Tom Desroches

Marie Pera

11 Kim Huffman Alice Oakley

12 Sammie Davies Warren Pribyl 13 Kitty Sandlin

15 Myra Drury

16 Don Pera

Donna Squires

21 Amanda Hedges

22 Caroline Crowley

25 Shirley Lewis

27 Terri Grass

30 Nathan Johnston

# VIP Luncheon September 21st

Last season we traveled all over the world each month in our programs and menus. We're staying in the good ole USA this season. We start off with a traditional BBQ with hot dogs, potato salad, chips, and bean salad, topped off with apple pie a la mode for dessert. We hope to have Marv Talso talk about his recent book on Redwood Valley.

So all those 70 and over, mark your calendar to come join us on Wednesday, September 21st at 11:30. No charge, but donations are greatly appreciated. Please RSVP to the church by Monday, September 19th if you plan to attend or if you would like a ride to the church. See you then!



## Early Morning Men's Bible Study

Tuesday, 7:00 - 8:00 am in the Library

A great morning snack and coffee greets this small group of "early-bird" men for their interactive lay lead Bible study. They strive to confirm their faith and look for a deeper meaning through a study of the bible and/or study guides. A deep level of understanding scripture is not required.

We welcome all men who would enjoy great conversation and a short bible study. Come and see how the Bible can give us guidance for our lives today. This is a drop-in Bible Study, come when you are

## Women's Serendipity Bible Study

Tuesday, 8:30 - 9:30 am in the Library - New study begins September 6

Using the Serendipity Bible for Groups, we study a complete book (which is mutually agreed upon by the group), reading a specified portion each week and answering the "cup" (ice breaker), "book" (about the text) and "heart" (life application) questions. Since the questions are found within the pages we're reading, we are literally 'all on the same page'. The passages are read together during our gathering, so there is no homework. We rotate the "facilitator" each week, and spend time sharing prayer requests, praises, and a light snack. We are open to anyone who may be interested studying and fellowshipping with other women at FPCU. We will begin the tudy of Daniel on September 6.

## SIPs (Sisters in Prayer) Bible Study

Tuesday, 5:00 - 6:00 pm in the Library — New study begins September 13

"The Ragamuffin Gospel" by Brennan Manning will serve as the basis for this study. From the book's cover here are some quotes:

"I found deep comfort in realizing that Jesus loves even me, a ragamuffin, just as I am." – Michael Card, musician, recording artist and author of A Violent Grace.

"Brennan does a masterful job of blowing the dust off of shopworn theology and allowing God's grace to do what only God's grace can do - amaze." – Max Lucado, bestselling author of The Gift for All People.

"This is a zestful and accurate portrayal that tells us unmistakably that the gospel is good, dazzlingly good." – Eugene Peterson, author of *The Message*.

This study will be about 11-12 weeks long. Please order a book through Amazon and another source. Study guides will be available at the first meeting on September 13th.

## Women's PW Bible Study

Friday, September 9 1:30 pm in the James Room

PW continues its study of the book *Outrageous Joy!* This sparkling love-and-laugher-filled book by Patsy Clairmont, Barbara Johnson, Marilyn Meberg, Luci Swindoll, Sheila Walsh and Thelma Wells, reveals the fact that we serve an outrageously joyful God! If you need a ride, please call Jaunita: 263-5534 to coordinate.

# childrenyouthfamilies

# We have two exciting opportunities for our church family to help with CHILDREN'S MINISTRIES!

## • HANGOUT

We are starting Hangout again in September. It has been hard to find helpers for weekly meetings, so we are going to meet once a month. We need 5-6 helpers who would be willing to help the second Tuesday of each month (the exception being Sept, when we will meet the second Wed) with either cooking, activities (we can get very creative with this), or being a table parent/grandparent. The ideal would be to have the same people do the same job every month so the kids really get to know you. Our hope is to do this monthly through the school year. If you have a heart for this ministry please pray-fully consider helping and contact Dory or Kelsey. Our first meeting on September 14th is coming soon!

## LOGOS TRAINING

The second opportunity will start in the fall of 2017, but there is a training coming up Oct. 1. We are going to implement Logos into our midweek children's program. Logos is a different way to structure our existing program, bringing it more stability and structure. Each week the kids will have a similar routine with the same leaders. There will be table parents/grandparents who eat with the same kids each week for the whole school year, bringing a family feel to the table. Then other leaders will lead games each week and others will lead activities (anything from crafts, to teaching a skill, to building something over the course of the year). The games and activity leaders will also be the same each week to add continuity and deepen relationship with the kids. The cooks can be more flexible and don't necessarily need to be the same people week in and week out. The training on the first of Oct will teach us about Logos and how we can implement it in our congregation and community. It would be best for all of our Logos leaders to attend this training. So if you are interested in joining the Logos team and getting to know our kids on a deep level, then please consider attending the training on the first. If you attend and figure out it is not for you that's ok too! Please let Dory or Kelsey know and we will sign you up for the training.



# FPCU Staff Update Welcome Ray! Our Newest Staff Member

Please welcome Ray Carlson to FPCU as our newly hired Facilities Maintenance As-

sistant. Ray has been a part of the FPCU church family for many years, and has graciously accepted the position with whole-hearted enthusiasm!! Ray is a member of the Buildings & Grounds committee and has done many tasks around the church, so he "knows his way around". Ray will begin his "paid" work on September 1st. Ray, we're happy to have you on board!

Ray's work hours will be during the week, not including Sunday. So please welcome Ray on Sunday morning when he is here to worship!

. . . . . . . .

I would also like to extend a sincere and heart felt THANK YOU!!!!.... to Roe Sandelin, for his tireless (or maybe sometimes tiresome!) dedication to our church for ensuring we are safe and snug every night... yep – each and every night Roe did a walk around the church campus to check doors, lights, fans... whatever else needed to be done to make sure the church was secure. Roe, words can't express the gratitude we have for that thank-less job. Also, thanks go to Kris Guadagnoli, Chris Gordon, Wilma Pribyl, and Glenn Logan, for backing up Roe when he needed break. You are truly some of God's Angels.

# Our Own Missionary Bethy Mack going to Uganda and Zambia to Work with Orphanages

FPCU member Bethy Mack is going on a Mission Trip to Uganda and Zambia on Sept 18-Oct 4. She is going with her Aunt who is connected with a ministry called Alkare. They support orphanages in these countries (as well as a couple others). Since these countries don't have government funding for social care of orphans, this is very important work. They partner with the orphanages to offer support through prayers, relationships, funds, and education. During this trip they will stay at two or three of the orphanages. In hopes of making the orphanages more self-sustaining, they will provide seed packets so the orphanages can grow their own gardens to feed the kids. They will also be visiting other orphanages to connect with and support. If anyone is interested in helping support this trip your check can be made out to Alkare – Storehouse and mailed to Shelly Mack at 2650 Old River Rd in Ukiah.

# Thank You...

Dear Church Family,
Words cannot express how grateful
I am to my church family for the
shower of prayers, cards, kind words,
gifts (prayer shawl and others) ... so
many ways you have opened your
hearts to my brother Stephen, David
§ me, and all my family during
these past few weeks. What a beautiful example of Christ's love you have
been for us. You continue to be great
comfort to us and I (we) are deeply
thankful. God bless you all!

Love, Cathy Rodriguez (and David too!)

# MISSIONS Update & Activities

## And the winner is ... Perrine Kirchen!

Thank you to ALL the wonderful Chili cooks! They were: Kelsey Ingalls, Shirley Lewis, Michele Young, Myrinda and David Head, Dory Haselwerdt, Holly Fagan, Randy Beckler and of course our winner, Perrine Kirchen.! Also thank you to everyone who pitched in to make cornbread, serve, set-up and clean-up. You all are GREAT!

## NOW ON TO THE COMMUNITY CHILI COOK-OFF ON FRIDAY, SEPTEMBER 9TH

We need your help for this event and many other fun events happening thru the end of the year. See below for opportunities to plug-in, support outreach and best of all: HAVE FUN!!

If any of these opportunities strikes your fancy, contact Michele Young @ 462-1856. Also, look for sign-up tables at church each Sunday.

### volunteers needed event Chili Makers: 6 Volunteers to make winning chili recipe Chili Cook-Off Friday, September 9, for community cook-off 6:00 pm to 10:00 pm **Set-Up/Decorators:** Volunteers to help set-up and decorate event be at Alex Thomas Plaza at 3:00pm. **Servers:** 4 or more volunteers 6-10 pm **or** 2 hr shifts 6-8:00pm & 8-10:00pm **Clean-un crew: Volunteers** to take down event. **Overnight hosts:** Provide places to sleep for 22-25 riders **Petal for Protein** Saturday & Sunday, **Breakfast crew: Volunteers** to make and serve light September 18, 19 breakfast at 7:00am **Pumpkinfest Set-Up/Decorators:** Booth decoration and set-up on Saturday & Sunday Saturday. This year's theme "Dinosaurs and Pumpkins **October 15 - 16** Galore" **Booth:** Volunteers to man the booth Saturday and Sunday in 2-hour shifts **Operation Christmas Child Volunteers:** Daily volunteers for accepting shoeboxes **November 14 - 20** contact: Shirley Lewis

## **Cents-Ability Reminder**

Don't forget to bring your Cents-Ability offering to church on Sunday September 4. If you need a can to collect your families offering, there is one waiting for you in the church narthex. Thank you for participating.



# Elders/Deacons: Has God Led You to Serve on One of These Boards?

The Nominating Committee will be meeting in September to prayerfully discuss possible nominees from the members of the congregation to fill vacancies. The Nominating Committee will present a slate of nominees to the congregation for election later in the year for the term of 1/1/2017 - 12/31/2019 (3 years). There are 3 Elder positions and 4 Deacon positions to fill. There are also 3 positions on the Nominating Committee to fill from the congregation.

### Who is a Deacon?

Per the Book of Order:

"The ministry of deacon as set forth in Scripture is one of compassion, witness and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress."

Deacons have been called the hands and feet of the church.

### Who is an Elder?

A member of the congregation that shows wisdom and maturity of faith, demonstrated skills in leadership and being compassionate may be elected by the congregation as an Elder, also known as Ruling Elder.

Per the Book of Order:

"Ruling elders, together with teaching elders (pastors) exercise leadership, government, spiritual discernment and disciplines and have responsibilities for the life of a congregation..."

Elders are members of Session and cover areas of: Buildings and Grounds, Finance, Personnel, Nominating, Adult Ministries, Children/Youth Ministries, Congregational Care, Worship and Missions

If you are currently in one of the positions whose terms ends 12/31/2018 and would like to be considered for an additional term OR if you are interested in being nominated for an Elder or Deacon position, please contact a member of the Nominating Committee (Cheri Alton, Perry Crowley, Dona Huff, Shirley Lewis and Wilma Pribyl) listed above. If you would like to nominate someone, please contact that person first to be sure that they would be willing to serve, and then a member of Nominating Committee.





July 28, 2016

Pastor David Rodriguez First Presbyterian Church 514 W Church St. Ukiah, ÇA 95482

Dear Pastor David,

I want to extend to you my sincerest appreciation for the hospitality and grace demonstrated to the children and staff of the Ugandan Kilds Choir during their recent visit to your church).

You may already be aware, but your congregation profoundly blessed us with their generosity. Your church denated \$793.00 to children in need and sponsored 2 children! We proise the Lord for the lives that will be changed because of your wonderful gifts.

If you have any questions or feedback, please feel free to contact me. May God richly bless you and your congregation for caring so much!

Blessings to you & intercession for the children,

Vickie Michelson

Vickie Mickelson

Chair Ministry Coordinator





**September 2016** Key to rooms: L = Library JR = James Room BH = Bromley Hall N = Nursary YR = Youth Rm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			***************************************	1	2	3
	David out of office:	Kelsey out of office:	Denise out of office Sept 11-15		10:30 am Multiplicity - JR	
<b>4</b> 10:00 am	<b>5</b> Labor Day	6 7:00 am	<b>7</b> 10:30 am	<b>8</b> 10:30 am	9 10:30 am	<b>10</b> 9:00 am
Worship Celebration - Sanctuary 11:00 am Coffee & Fellowship - BH 6:00 pm #SWAG - YR	Church Office is Closed	Men's Bible Study - L 8:30 am Serendipity Bible Study - L 10:30 am Multiplicity - JR 6:00 pm AA - Cafe	Multiplicity - JR  1:30 pm PW Bible Study -JR  6:00 pm Worship Team  7:00 pm Pastor Bible Study - L	Multiplicity - JR 1:00 pm ABC Program 6:00 pm - AA - Cafe Boy scouts - BH	Multiplicity - JR  1:30 pm PW Bib;e Study - JR  5:30 pm Community Chili Cook Off - Alex Thomas	Stitches from the Heart
11	12	13	14	15	16	17
10:00 am Worship Celebration - Sanctuary 11:00 am Coffee & Fellowship - BH  6:00 pm #SWAG - YR	10:30 am Multiplicity - JR 1:00 pm Worship Committee 6:00 pm Cub Scouts - B	7:00 am Men's Bible Study - L 8:30 am Serendipity Bible Study - L 10:30 am Multiplicity - JR 6:00 pm AA - Cafe Resource Council	10:30 am Multiplicity - JR 11:45 pm Romeo's 6:00 pm Worship Team 7:00 pm Pastor Bible Study - L	10:30 am Multiplicity - JR 5:30 pm Deacons 6:00 pm Session - L AA - Cafe	10:30 am Multiplicity - JR	9:00 am Presbytery Meeting Mendocino Pedals for Protein arri
18	19	20	21	22	23	24
10:00 am Worship Celebration - Sanctuary 11:00 am Coffee & Fellowship - BH 6:00 pm #SWAG - YR	9:00 am Church Staff Meeting 10:30 am Multiplicity - JR 1:00 pm Worship Committee 6:00 pm Cub Scouts - B	7:00 am Men's Bible Study - L 8:30 am - Serendipity Bible Study - L 10:30 am Multiplicity - JR 12:00 Family Council - L 6:00 pm AA - Cafe Resource Council - L	10:30 am Multiplicity - JR 11:30 am VIPs 6:00 pm Worship Team 7:00 pm Pastor Bible Study - L	10:30 am Multiplicity - JR 1:00 pm ABC Program 6:00 pm Session - L AA - Cafe Session - L	10:30 am Multiplicity - JR	
25	26	27	28	29	30	
10:00 am Worship Celebration - Sanctuary 11:00 am CHURCH PICNIC @ McGarvey Park 6:00 pm #SWAG - YR	9:00 am Church Staff Meeting 10:30 am Multiplicity - JR 6:00 pm Cub Scouts - B	7:00 am Men's Bible Study - L 8:30 am Serendipity Bible Study - L 10:30 am Multiplicity - JR 5:00 pm SIPs - L 6:00 pm AA - Cafe	10:30 am Multiplicity - JR 11:45 am ROMEO's - Maple cafe 6:00 pm Worship Team 7:00 pm Pastor Bible Study - L	10:30 am Multiplicity - JR 5:30 pm Deacons - JR 6:00 pm AA - Cafe	10:30 am Multiplicity - JR	

### **Nor Cal Christian Ministries**



P.O. Box 1502 Ukiah, Ca 95482 Newsletter, 2<sup>nd</sup> edition, August, 2016

My unofficial visit to the day shelter found me at a loss for words and that is not an easy task, as my emotions kicked in overdrive. As I observed one young man struggling with his ADHD while a female guest helped him re-focus. This was truly showing love for another human being in similar straights as she.

Tony, the CEO was busy welcoming several others who patiently waited for him to finish with the person in front of them.

Tony seemed to be in 3 places at the same time, rendering assistance to each.

While a gentleman engaged me in conversation and expressed his views on various subjects, many more were enjoying the breakfast food in the adjoining room. Another pot of coffee was started as the first pot had run dry.

One thing was very clear to me and that was that some guests were observing the volunteers and our reactions to them. We were being judged by the very people we wanted to help, all because we are professed Christians! That is a new experience to me which brings me to the point to this confession--- the need for more Christian volunteers is great. To interact with the people, to give them comfort, a willing ear to listen to their trials and tribulations or struggles by some to get

out of the cycle they found themselves bound

Even greater is the need for those who committed to be financial, volunteers, or inkind donors to follow through on their commitment this past April. The board is working hard to put together a couple of major fund raisers for the business community as well as the Christian community. These will happen later this fall.



The **clothing room** is beginning to look good and filling as is the reading material on the bookshelves. Thanks to those to supply these areas.



Pastor Gerry Burney, the Chaplin for the Sheriff's office as well as for the incarcerated comes on Tuesday's to have a

word of encouragement for our guests. He is much appreciated by volunteers and guests alike.

#### Getting Acquainted with Lucy P.

Lucy, one of the faithful volunteers is a member of First Baptist Church and a native Californian. She retired not once but twice from her secular career in a K-6 classroom for Ukiah Unified. This busy lady is also a great grandmother to 13, and finds joy in each one. In addition to her recent volunteer work at the Day Shelter, she has volunteered for the past 10 years in the women's section of our county jail, ministering with bible study, prayer and fellowship with the ladies.

Asked why she volunteers at NCCM day shelter, she said she "is blessed 100 times over from what she gives and that she finds great joy in getting to know the guests and other volunteers and it is so easy."

In our conversation she admitted that we need more volunteers, especially men, at the shelter to help keep the areas clean, visit with the guests and even organizational office duties. As the guests get to know us and begin to trust the volunteers, she expects to see a growth in their spiritual as well as emotional life. She believes and is not shy about saying that with "care and respect to others they will aspire to something different and begin to believe in themselves.

One of Lucy's favorite bible verses she would like to pass onto potential volunteers and guests alike is this: "I can do all things through Christ who strengthens me." (Phil 4:13)



Ideas to consider---

Coordinate and organize a fund raiser or love offering in your congregation.

Appeal to and write to your regional, district, or national headquarters for grant or seed faith funding on behalf of NCCM. Many denominational churches have this available.

Begin knitting or crocheting beanie's for those who have to sleep outdoors this coming winter. Use your left over yarn to create fantastic hats.

Quilters can design and sew wall hanging size quilts to make our shelter more homey and comfortable looking.

Fine art artists can paint large size paintings of scenes of gardens or oceans waves inspired by scripture to hang in one of the gathering or counseling rooms at the shelter.

Those that have great penmanship, could volunteer to write notes of thanks to donors and volunteers. This can be done from home.

Organize your congregation into a work party to clean the shelter at the lunch hour as there are no guests nor volunteers during this period.

( Mon thru Fri from 11:30 am to 1pm)

Sewing circle ladies—or youth groups----make and fill children's "activity bags" for children who come to the shelter. (crayons, small stuffed animal, lollypop, color book, bubbles -- ideas are endless to fill them)

The shelter is averaging about 30 --35 guests on a daily basis. The third week of month the numbers increase substantially. We will see this increase even more as colder/wet weather arrives.

#### Donations desired or needed---

For those who shop at Costco, 10 oz insulated paper cups, 500 count in case, cost \$56.68

2- 6 foot long tables for breakfast room Another 6 to 8 sturdy folding chairs

Coffee, coffee, and more coffee!

Creamola and sugar packets too are desired.

Bottled water--- and more bottled water

Desk top computer and printer/scanner (prefer flat screen monitor to save space)

Thumb Drive or flash drive.

Life Recovery bibles (approx. \$20) ISBN# 978-1-4143-0961-3 (need 10 more)

Sound system (for playing music) a 'boombox' at Walmart is \$44.99)

Phone (land line) with intercom ability for offices (2 would be nice) (Staples has them)

Gasoline gift cards for mobile ministry van

One -Power point projector

Armrest Pro HD Security System (Wifi)

Janitorial Supplies ---Swifter (wet) refills, air freshners (plug in kind)

Food service gloves ( size large) at Ukiah Paper on S State St, across from the airport. Mention they are for NCCM and get a discount.

First aid gloves (for cleaning bathrooms)
Walmart has them, less than \$10 per box in first aid supply section of store.

Individual yogurts and granola bars and string cheese( Food max has best prices)

New or gently used T shirts --Men's sizes ---- Med, L, XL and 2X
Ladies sizes --sm, med lrg, X lrg, and 2X
Children/Youth sizes 10/12, 14/16,18/20

Wholesome or Christian type movies on DVD.

Christian praise/worship music on CD's

Heavy weight socks, (tube type fits all sizes,) white best for both men & ladies.

We thank each of our donors, volunteers as you all are a blessing to this ministry with your gifts of prayer and love.

#### FOR OUR PRAYER WARRIORS

A grant has been submitted on behalf of NCCM, Please pray for God's blessing for this grant when they are awarded.