

Presbeat

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Editor: Denise Beckler, Volume 12, Number 9 ~ September 2018



Got Questions?

One of my favorite movies is, "Fiddler on the Roof". The movie is set in a Jewish community in Russia during the early 1900's. In one scene, the villagers ask their elderly rabbi a question. "Rabbi, is there a blessing for the Czar?" To which the rabbi responds, "May the Lord bless and keep the Czar. Far away from us."

When I first told my friends that God was calling me to be a pastor, one of them asked me, "Is there a blessing for the Czar?" He was making the point that I had better be ready to answer questions from folks in my congregation. All sorts of questions.

I was ordained as a pastor in the PCUSA on July 15, 1984. Ever since then, people have asked me questions about God, faith, politics, music, books, funerals, weddings, and just about everything else. Except cooking. Nobody has ever asked me a question about cooking.

For the next few weeks of September, I'll be preaching about some of the questions I am asked most often. Such as:

- "Does my work matter?"
- "How do I know if I have eternal life?"
- "Why do bad things happen to good people?"
- "How do you know the will of God?"
- "Does God love me?"

If you have other questions that you'd like to have me preach about, just let me know. Maybe we'll keep this series of sermons going longer than September. But please, no cooking questions. There is a reason folks have never asked me about that.

In Christ. Pastor David



Children and Youth Ministry Updates

August was a very exciting month for the students at First Pres!

We had up to 40 students per night from our community here during Vacation Bible School! We danced, sang, learned about God, played games and made some awesome crafts! Altogether, it was a wonderful week full of fun for our wonderful kids!

Our 5th through 12th graders also got to experience a fun event here at our church. We had 19 of them here for a sleepover that included movie watching, pizza, games, and a balloon fight! We also learned about the power of prayer and wrote letters to ourselves about the goals we want to accomplish over the next school year!

Now that the school year has begun, we have a lot more exciting things upon us. This fall, we will be splitting our youth group nights. Mondays from 6 to 7:30pm, the 5th through 8th graders will be gathering, and on Wednesdays from 6 to 7:30pm, the 9th through 12th graders will have their youth group night. We also will be hosting Devotionals & Donuts every Sunday morning for our youth group as well! As October approaches, we will be preparing to take our youth to Blackbird Farm for a community service retreat to learn about organic farming and sustainability!

We will also start Hangout Kids Club again. Beginning October 3rd, we will meet the 1st Wednesday of the month.

I hope everyone is as excited as I am for our upcoming programming! We are going to be having a great year! For more information contact me at 707-391-9460 or alexis@fpcukiah.org

New Weekly Prayer Gathering: You are invited to join us on Tuesday mornings at 11 am in the church sanctuary for a time of prayer. We'll spend time praying for whatever the Lord places on our hearts.

II Chronicles 7:14 "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heave, and I will forgive their sin and will heal their land."



Special Taize' Service Wednesday, September 12 at 7:00 PM

To promote a reflective atmosphere the sanctuary is kept dark and there are many lighted candles all around.

There is soft and repetitive music/singing and time of silence and prayer. Because of the nature of the service, it is recommended for youth and adults, not small children.

~~ ~ MISSIONS Michele Young, Elder ~~ ~



Don't forget to bring your Cents-Ability offering to church on the first Sunday every month. The collection is taken during communion. Baskets are in the front for your convenience. If you need a collection container to keep at home, you can pick one up in the narthex. Remember all your money is used to help feed the hungry in our area. Thank you for helping with your prayers and donations.

IN HOUSE CHILI COOK-OFF WAS HELD SUNDAY, AUGUST 26TH

We had great fun tasting 6 chili's and the winning chili was: Molly Schultz! Thank you to all who helped: chili makers: Kitty Sandelin, Caroline Crowley, Shirley Lewis, Mark Smith and Diego & Shannon Phelan; Caroline Crowley, Nancie Garcia, Kathy Smith, Wilma Pribyl, Shannon Phelan Jerry Garcia, Kevin DeVries, Jaunita Coddington, and numerous people who helped with clean up! A special thanks to Cindy DeVries and Wilma Pribyl who made the yummy cornbread to go with the Chili!



Now on to <u>COMMUNITY CHILI COOK-OFF, FRIDAY, SEPTEMBER 7</u>. This year our booth will have a "Chilly" theme. We will be using some of our Polar Blast VBS decorations for our booth to create a winter wonderland. "Chillin' Chili with just enough heat to keep you warm". Come to the community event on September 7th, 6 to 10pm... We will be the ones in the igloo!

There are always lots of opportunities to volunteer and we always have a great time working together. Look for sign-up sheets if you would like to help or contact Michele Young (972-1256).

Lone Star Chili – Winning Recipe!

1 lb. coarse ground beef 1 28 oz can crushed tomatoes 1 lb bacon 1 28 oz can diced tomatoes

1 lb cubed beef2 large cloves garlic½ lb Polish sausage2 Tbs lemon juice1 8 oz can tomato sauce1 Tbs sugar

4 jalapeno peppers – finely chopped salt 2 cups diced onion water

Chili Seasonings:

½ tsp dried chili seeds1 Tbs cayenne pepper2 tsp oregano2 Tbs cumin

5 Tbs paprika

Put ground beef in large oven-proof pan and cook open in oven at 400 degrees for ½ hour.

In frying pan on top of stove, cook bacon well done, remove from pan, drain and crush. In small amount of bacon drippings, cook cubed beef and sausage until well done, drain.

Add bacon, cubed beef and sausage to ground beef in oven along with onions, tomato sauce, jalapenos and chili seasonings. Mix thoroughly. Reduce heat to 350 degrees and continue cooking for ½ hour, stir and add liquid as needed.

Add tomatoes, garlic, muddled with sugar, lemon juice, water and salt to taste. Cook in oven for 2 hours or more, stirring and adding water as needed. Serves 6 or more.

We are Building an Orphanage!

Phase 3 Completed ~ Phase 4 fully funded!

Phase 3 is now completed and we are fully funded and have wired the money for Phase 4. PTL! Because we have fully funded this project any further donations that come in will go into our *General Missions* fund for future mission projects in Uganda and where ever God may lead us next!



Meals-to-go Fundraiser

~ Friday, November 2nd!

Mark your calendars and spread the word! Tri-Tip dinners for 4, \$60, meal for 2 \$35. The Fundraiser will fund local mission projects in our church and community.

PEDAL FOR PROTEIN ~ Our Petal for Protein Sunday went well and we were so happy to have Patty Sanders and husband John with us in worship and to host the Presbyterian Fair Trade marketplace which included some handmade craft items as well as the ever popular fair trade coffee and chocolate! There's still time to sign up for the ride. Contact Michele Young if you are interested. 972-1256.



A report from Patty Sanders: "Great Sunday with UPC!!! Sales were \$400 and donations \$100 approx. Any other donations please mail to the Presbytery office made out to Redwoods Presbytery ~ Pedaling Blessings, Patty"

You may also make your donations through FPCU – just write "pedal4protein" in the memo of your check.



PUMPKINFEST COMING OCTOBER 13 AND 14

Another great community event – more details next month.

CARE PACKAGES ...

... FOR THE ORPHANAGE IN DJIBOUTI

Pastor David brought back with him some craft items from the orphanage in Djibouti. These items were made by the children of the orphanage and the money collected from these sales will go to help young girls stay out of the sex trades.

Just three dollars can help keep a child stay safe for a whole week! This will be our main and only focus for our **Christmas Charity Event 2018.** We have cards for you if you would like to give a donation in someone's memory/honor as a special Christmas gift this year. What better way to share the Love of Christ this Christmas! We will continue to collect peanut butter, beans and chewable vitamins for the orphanage as well (*no gummies please as they melt*).

... FOR THE TROOPS

In November we plan to have another baking party to make cookies for our troops. If you would like to get started early just pop them in the freezer and they will be all ready to go in mid-November. You may also drop them by the office on Tuesdays or Sundays (see Wilma). There's plenty of freezer space available. Save your pringle cans for shipment too.

If you have relatives in the Armed Forces who would like cookies, please contact Wilma (462-4134) with their names and addresses.

Deacons Ministries Need You

The Deacons have many ministries and two of our most rewarding ministries could use your help.

Interfaith Lunches – we will be meeting to make sack lunches for those in need on

September 29th and 30th. Any extra hands or if you prefer to make cookies, please join us around 10am on Saturday, September 29th or after church on September 30th.

<u>Prayer Shawl Ministry</u> – Thank you for all of you who have lovingly made and donated yarn for prayer shawls and our Vet lap blankets. We gave 5 vet blankets to this ministry and the totals for everyone who has made these in Lake, Sonoma and Mendocino Counties were 80 blankets, 25 scarves and 60 caps. But we always need more, so please come and join us or contact Caroline Crowley to learn more. Our

next meeting will be October 22nd in the Library.

Here is a note of thanks for one of our prayer shawl recipients: "Thank you for the beautiful shawl, I can see it was made with lots of love! Prayer and my faith have helped me through my illness. My next surgery is on September 14th, so please keep me in your prayers. Again, thank you for your kindness."

Please pray for these ministries and join us to help those in need.

~ Blessings from your Deacons.

VIP Luncheon

Wednesday, September 19th, 11:30 am

All those **V**ery **I**mportant **P**eople age 70 and over are invited to a luncheon on the 3rd Wednesday of every month.

This month's menu:

Spaghetti & meatballs, green salad, & surprise dessert.

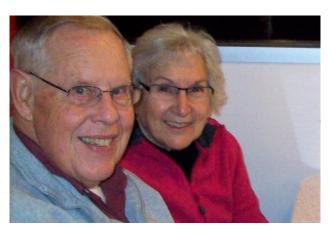
Guest Speaker: TBA



REMEMBERING AL DAMON

In every community there is a "golden era" which many look back to as the time when special people, special events, and special memories made those days stand out. Such were the decades of the 1970-80s among the churches of Ukiah. Those were the days of the Ukiah Marching Band Festival, the picking and packing of pears each summer at the sheds, shows at the Ukiah Community Theater, summers in the park and the pool... and a particularly notable group of beloved pastors who led the churches of Ukiah. There was Bill Duncan at First Baptist, and Wayne Scott at EV Free, Father Gary Lombardi at St. Mary of the Angels, Lehman Myatt at the Assembly of God...and Al Damon at First Presbyterian.

Father Gary was transferred several decades ago, taking his legend with him. Pastor Wayne and Pastor Bill have ended their earthly service and have been welcomed into their heavenly reward. Now we have recently received word from Bremerton, Washington, that the Rev. Albert M. Damon has joined them. It is to honor his faithful lifetime of service and ministry, and that of his sterling contemporaries that we write this remembrance.



Al served the church and the world for 40 years in five communities from the time he graduated from Sterling (KS) College and Gordon Divinity School. He pastored a country church in Kansas, and then came with his wife, Bernice, and two young boys to San Francisco, in the same year that the Giants came west. After five years at Ingleside Pres, the Damons were called to the burgeoning San Jose suburb of Milpitas. There they walked neighborhoods and knocked on doors, and invited people, if they didn't already have one, to come over to the brandnew Presbyterian church, renting space in a real estate model home. Over eleven years the Damons worked, cared for people, shared their lives, and walked with them

through their life crises. When it was time, Al and Bernice and the boys felt their work was done, and they left behind a flourishing congregation which has become one of the dynamic communities of the south bay, now Christ Community Church.

And the new place that called them was First Presbyterian Church of Ukiah. Here in the valley, the Damons settled, the two oldest sons away at college and the youngest, Dave, attending Pomolita and Ukiah High, playing football and pole vaulting. Al and Bernice quickly got to know the people of the congregation, but they also connected to the city and to Mendocino County. Never a flamboyant preacher or orator, Al was instead a quiet presence, a man who wanted to know about you, about your life, your family, and your struggles. Yet he was never intrusive or pushy. He simply made himself available, and you knew, from his radiant smile and sparkling eyes, that he was <u>for</u> you. He was on your side.



Late in their 17 years of serving and building in the spiritual and community life of Ukiah, and with traditional retirement age approaching, the Damons took a chance and did a year-long "pulpit exchange" with a pastor in Christchurch, New Zealand. Al and Bernice went there, and Irving and Jean Rutherford came to Ukiah, and it was a win-win for both communities. Both couples were beloved in their new settings, 10,000 miles apart. Al and Bernice made a bond with New Zealand which they were able to continue further on, when they finally did retire. And retire they did, first moving to Washington state to a

senior community in 1991. But in 1995, when a new pastor came to Ukiah Pres, it was proposed that, not only might Al be voted the honorary distinction of Pastor Emeritus, but what would happen if Al and Bernice returned to Ukiah bodily, and continue their ministry in retirement as minister of visitation? They had sold their beloved house on the golf course, but they could return, re-connect with their old friends, and be of enormous help to the new pastor, introducing him, telling the stories, and helping to care for the shut-ins and the people of the community. His role in the First Pres congregation from 1995 to 2000 was rich and productive. And the reason I know that is that I am that "new" pastor, who served from 1993 to 2002. My role at the church was made infinitely richer by my association with my predecessor, mentor, and friend, Al Damon.

Al and Bernice moved back to Washington State, where their son David lives, in 2000. There they continued to volunteer in a local congregation, enjoy watching their grandchildren from Washington and California grow up, marry, and begin to give them great-grandchildren. Early in 2018, Al's kidney disease continued to persist, and, along with Bernice and the family, it was decided to discontinue his dialysis treatments.

I talked with Al by phone several times during June and July, and he sounded like the same man I had always known, cheerful, optimistic, and always interested in your life and family more than his own circumstances. His invariable comment was, "Well, soon I will be seeing Rowland, and Mary, and George.... and Jesus."

Al Damon had no doubt of his destiny. He was a man of faith who trusted right to the moment he made the transition into the presence of his Lord, early Monday morning, July 9, 2018. It was an honor to have known him, to have served with him. His was a great generation.

Larry Ballenger, Pasadena, California Ukiah Pres pastor 1993-2002 SIPs - Women's Bible Study resumes ...

Beginning Tuesday, September 4th at 5:00pm in the Library, we will study "Ten Women of the Bible" by Max Lucado. You can purchase the book or Amazon, or your favorite Christian bookstore.

Women's Wednesday Bible Study, 1:30 pm Resumes

Ladies, summer is over and fall will soon begin. Come and join us for a great interactive Bible study Wednesday afternoons, 1:30 beginning 9/12 and 9/26. We will resume our study of John, Chapter 15, "The Vine and the Branches". We meet the 2^{nd} and 4^{th} Tuesday every month. All women are invited.

We sometimes walk down to the downtown area for a quick lunch before our Bible study; if you'd care to join us, please meet at the church at 12 noon. It's a lot of fun and the food is good too.



Hi Church Family, Thank you for coming to my retirement party. Hope you enjoyed yourself. Thank you also for cards and gifts.

~ Love Gayleen Desroches

Recycling ~ Composting ~ Garbage

This is to update our church family on what to do with our Church waste...

- 2 bins are for recycling (blue lid)
- 2 bins are for garbage (black lid)
- 3 bins are for composting (green lid)

The recycling and garbage bins are located outside the back door of the kitchen, near the base of the step. The compost bins are located near the church street gate (use the kitchen back door, go to the right and around the corner toward Church Street; or use the door by the janitor supply room)

All church bins are labelled with our "514" address number.

Additionally, the manse has its own bins and are numbered "501". <u>Please do not put church waste in the manse bins</u>. Those are specifically for use by the manse residents. If there is overflow, please put in bags and leave near bins until there is room. Thank you!



Greetings to our faithful, fantastic friends and supporters of NorCal Christian Ministries. *The Center For Hope* is extremely grateful for ALL of you. The prayers, volunteer hours, monetary gifts and many donations have an immense impact on the lives of our guests.

The Gospel of Jesus Christ is shared each day, a nutritious breakfast provided as well as clothing, showers and personal hygiene items. The environment at *The Center For Hope* is comfortable and loving, with volunteers offering support and encouragement to all.

We have a guest volunteer with an inspiring story of transformation that I'll share with you. Ron (not his real name) was staying at the emergency shelter last year. He began coming for breakfast when we were located at 1st Presbyterian Church. "Ron" accepted Jesus as his Savior and began serving at our beautiful new center on Luce Avenue. He is kind, considerate and helpful to all. "Ron" now has a nice apartment and just received his six-month sobriety chip at an AA meeting. Ron shared his testimony at the Center one morning. His story encouraged and imparted hope to our guests and volunteers.

The number of guests whose needs, both physical and spiritual, that are being met daily is increasing. This is such a blessing to see the faithfulness of God and the caring hearts of our volunteers and supporters minister with compassion and offer hope. Our wish list includes a 100-cup coffee maker. You can only imagine how much coffee is consumed. Our ongoing needs are socks, laundry soap, men's pants and coffee. We truly appreciate your donations!

It is with joy that I announce our 2nd annual Praise in the Plaza. Worship teams from many churches will express the theme of "A Reason to Sing". Please join us on October 20, 2018 from noon – 5pm at the Alex Thomas Plaza in Ukiah as we rejoice in knowing Jesus. If you have questions or need information, please call Don Evans at 707 380-1112 or 707 367-3620.

Prayer is the foundation of any successful ministry. The Body of Christ is called to pray and in response to that call, *The Center for Hope* is hosting a community prayer gathering every third Thursday of the month at 7pm. If you have any questions about our community prayer time which is called "Connections", please call Tony. (*Note: See subsequent article in this newsletter.*)

"I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness". 1 Timothy 2:1-2

Again, I extend a big THANK YOU to one and all. What you do is having a lasting effect on the lives of others in need.

Sincerely, Tony Huerta, Executive Director NOR CAL CHRISTIAN MINISTRIES Executive Director, 707-481-8398



CHAPLAIN'S NEWSLETTER

Mendocino County Jail & Juvenile Hall

<u>Inmate names and #'s - Know of someone in jail or prison? BurneyFam.com offers an inmate a Christian</u>

message/study weekly at no cost to the inmate...just provide the name and # and address to Pastor Gerry Burney - BurneyFam.com (No donation is necessary—it costs about \$2 a month to sponsor an inmate, which includes weekly messages, postage, envelopes, and once a year we send every inmate on our list a Christian book—not one penny goes to wages or benefits—all donations go toward providing these books and studies and postage—Our thanks to all of you who can help support this ministry).

<u>Volunteers</u> – Praise God...we have had a couple of women come forward to help with the women already volunteering at the jail women's Bible study...it always takes time to process their access to the jail, but we will keep moving in that direction. Men...we have a couple of men who have stepped up, but before we can proceed to process them we need a couple more—4 are needed to begin a time slot for a new Bible study...so, if any men would like to be put on the list, I will keep all the names and when we get 4 we will begin the process of setting up a slot at the jail. Praise God for your prayers and support of the men's and women's Bible studies! (we do have men's studies ongoing, but one section lacks them).

Bibles, Study Materials, Birthday Cards, Magazines, etc. – I can only accept Christian books, studies, and magazines now. Thanks to the following churches for providing Bibles, study materials, cards, etc., these past two months. The Gideon's, the Seventh Day Adventist Church Ukiah, Calvary Baptist Ukiah, Trinity Baptist, First Baptist of Ukiah, New Life Community, Calvary Way, Crossroads Ukiah, Willits Grace Community, Willits First Baptist, Chapel of the Redwoods Comptche, Redwood Valley Community, Presbyterian Church of Mendocino, Mendocino Baptist, New Hope Community Point Arena, Upper Lake Baptist, Faith Tabernacle Covelo, First Baptist Hopland, Valley Bible Boonville, Bethel Fort Bragg, First Presbyterian Fort Bragg, Grace Community Potter Valley, Gualala Baptist, Calpella Community. Also, special thanks to Liqua Tech in Ukiah for their continual support of this mission. Please keep the Bibles and study materials coming. Praise God! Also these last two months, your funds were used to purchase Christian paperback books to place into the inmate's reading areas. There are 8 of these areas, one in each section of the jail, and we are putting books in all 8 areas – both in English and Spanish. Praise God for your support! We have also been able to provide some reading materials to the Juvenile Hall as I meet with some of them to do counseling, and have been allowed to leave the "Virtual Chapels" there as well every week.

Letters From Inmates

Inmate letter from State Prison Susanville – Dear Pastor Gerry...just received your Bible study letter and want to thank you. I should have written sooner to thank you...I truly look forward to reading the messages and studying the Scriptures you include. I just wanted to thank you for coming to the jail each day when I was there (been over a year now). It has meant a lot to me to be able to dwell on God's Word. I have let God down many times, but I now understand just how much He loves me, and just how much I really need Him. Please ask your church to pray for my mother...she had a stroke...God bless you pastor Gerry.

<u>Inmate letter from Lansing Kansas Prison</u> – Pastor Gerry...I 'm sending you my number and address as I heard you provide weekly studies for us to work on and share in groups with others. I pray you can add me to your list. I would also like you to add me to your prayer list...that God be with my mother, brother, and girlfriend. Praise God for your ministry and all those who work with you...God bless....

<u>Inmate letter from Coalinga State Prison</u> – Dear Gerry – First and foremost, I thank you for sending me the Bible studies throughout my time in prison here...God bless you, your family, and the churches helping you. I will be released in a few months, and I want very much to visit with you when I get back. I know that God has given me another chance with a new life...born again, as the Word says...I came into prison without God,

but I am leaving prison with God and a new life. I have a testimony, and plan on sharing it with the church and others. I'll be living in Fort Bragg when I get settled...please add me to your prayer list...thanks again...sincerely...

<u>Inmate letter from Corcoran Prison</u> – Pastor Gerry...I have been moved again, and I thank you for keeping up with me these last couple of years...this is my new address...I am no longer part of a gang behind these walls. The only thing I belong to now is God's family—Amen! I know that God will open the doors not only for me, but also for those brothers in here who truly seek God and pray daily. Pastor, I would like to study more on the Rapture and Resurrection. I heard at my last prison that you did a study on it, and several of the men here would like it if you could send us your study. We do enjoy it when your messages come in the mail...Praise the Lord!...God bless us all, brother.....

All of you, as you support this mission here at the jail and juvenile hall, as well as supporting these communications (letters, books, and Virtual Chapels) with other places where our brothers and sisters are sent for a time -- you are all part of bringing God's Word into places where many cannot go. One day, each of these brothers and sisters will be coming home to begin anew. <u>Praise God</u>, and to God be all the Glory. The Virtual Chapels go into the Juvenile Hall <u>every week</u> also—praise God!!!

The mission at the Jail and Juvenile Hall is 100% supported by churches and individuals. The Sheriff only supplies the Chaplain with keys to the Jail, and a phone number. The Chaplain is full time, and out of his budget must provide for his own health insurance etc. Please make donations **payable to Crossroads**Church. Crossroads Church has set up a special account for this purpose, and the mailing address is **Pastor**Gerry Burney, Crossroads Church, Box 1533, Ukiah, Cal., 95482, 707-467-8400. This newsletter goes out every other month to our supporters. Please post and share the Good News with your family at church. Donations which exceed the monthly budget will go to defray any past under-budget debt, and then accumulate into a future Chaplain's fund. Donations also accepted via **PayPal at BurneyFam.com.**

(Note: FPCU Missions has also provided funds to the TargetTruth Ministries. In 2017, we donated \$500 of your contributions to this ministry. PTL!)

Connections ~ Community Prayer Time

What: Inform – Inspire – Intercede – Impact

Who: The Body of Christ, called to...

❖ Watch and pray (Luke 21:36)

* Encourage one another (1 Thess. 5:11)

Make intercession (James 5:16)

Exalt our God (Psalm 34:3)

Share His love (1 John 4:19)

When: 3rd Thursday of every month

Time: 7:00 pm

Location: The Center for Hope (Nor Cal Christian Ministries)

150 Luce Ave; Ukiah

Did we miss your birthday last month???

Please contact the church office or email Denise, denise@fpcukiah.org so that we can send a card and celebrate with you!



Happy Birthday!

9/1 Barbara Rones	9/12 Sammie Davies	9/19 Mark Smith
9/2 Jack Sweeley	Warren Pribyl	9/22 Caroline Crowle
9/9 Tom Desroches	9/13 Kitty Sandelin	9/23 Pam Schnare
Marie Pera	9/15 Myra Drury	9/25 Shirley Lewis
9/11 Kim Huffman	9/16 Don Pera	9/27 Terri Grass
Alice Oakley	Donna Squires	



Event Calendar ~ September



Sun weekly	10:00am	Worship Celebration
Mon weekly	6:00pm	Jr High Youth Group
	6:30pm	Cub Scouts
Tue. weekly	7:00am	Men's Bible Study
•	8:30am	Serendipity Women's Bible Study
	11:00am	Weekly Prayer Time
	5:00pm	SIPs Women's Bible Study
	6:00pm	Spanish AA; NAHOP
Wed. weekly	6:00pm	Worship Team rehearsal
•	•	Sr High Youth Group
Thurs. weekly	1:00pm	ABC Program
•	6:00pm	Spanish AA

...additional events for the month

9/2	10:00 am	Centsability / Communion	9/12	1:30pm	PW Bible Study
9/3	3 Labor Day Holiday – Office Closed			7:00pm	Taize' Worship Service9/13
9/5	10:30am	Worship Committee		12:30pm	ABC Program
9/7	6:00 pm	Community Chili Cookoff	9/18	12:00pm	Family/Outreach Council
		(Alex Thomas Plaza)	9/19	11:30am	VIP Luncheon
9/8	Stitches from the Heart – cancelled		9/20	6:00 pm	Session / Deacons
9/9	11:15am	Missions Committee	9/26	1:30pm	PW Bible Study
9/10	6:00pm	Jr Hi Youth Group begins	9/27	12:30pm	ABC Program

Our Calendar is also available online @ http://fpcukiah.org/calendar/calendar/

(Note: if using a phone, view in landscape orientation to view properly)



Join the 5th Annual Northern California Ride

September 16-21, 2018

RIDE SIX DAYS—Humboldt County

As you explore by bicycle the magnificent coastal redwoods of Humboldt County – to explore and soak up the silence and grandeur of the forests unlike any others in the world. Ride through State and National Parks including Humboldt Redwoods National Park on the Avenue of the Giants scenic road.

Not riding! Come spend Sunday September 16th afternoon or at Camp Mattole with the P4P team.

Saturday, September 29, 2018 RIDE ONE DAY—Santa Rosa

A recreational ride for all rider levels with 6 mile, 12 mile and 25 mile routes. Trails provide views of Santa Rosa Creek, farms, vineyards and open space. These paved, off-street trails are perfect for casual cyclists and families. For children a bike rodeo will be held at the start and finish at Knox Presbyterian Church in West Santa Rosa. Free for kids, just bring a can of protein food! Pedal for Protein t-shirts included for preregistered riders and lunch. See website for details.

Ride to help feed hungry people & have fun too! Ride to support food pantries with healthy protein food

The Pedal for Protein ride is hunger in action with our mission to feed hungry people in Northern California to fight the root causes of hunger.

Ride, make new friends & enjoy the comradery.

NEW for 2018 2—Rides, 2—Locations

This ride is the best value in California. See the website for details. Six day ride limits the total number of riders, so sign up today!

Enjoy this California landmark ride through beautiful Northern California while you Pedal for Protein for your local food pantry.



To Register for the Ride or to Donate;

www.imathlete.com/events/PedalforProtein www.imathlete.com/donate/PedalforProtein5

The ride is organized by The Hunger Task Force of the Presbytery of the Redwoods, Patty Sanders, Ride Director, Email: PattyRedwoodsHAE@sbcglobal.net

100% is donated to support local food pantries & food justice projects

